

Linda Burrridge of Next Act Solutions to be Featured on CUTV News Radio

SURPRISE, ARIZONA, USA, September 29, 2016 /EINPresswire.com/ -- What's next? The question seems so simple, but we never allow ourselves to ask it, do we?

Next Act Solutions is a leadership development and life transition coaching practice designed to help leaders, small business owners and individuals navigate professional and personal life transitions. Led by Linda Burrridge, a leadership and life transition coach, Next Act Solutions helps guide clients toward a path of renewal and reinvention.

"I'm inspired by the question 'What's next?' and I'm dedicated to creating a world where we can experience the freedom of choice," says Linda. "It's about being conscious and aware that there is a longing to do something different and do things differently."

Transition has become the new normal. With 68 million Baby Boomers entering what used to be retirement age, many are wondering what's next. According to Linda, in order to improve our performance and broaden our life, we must first understand who we are, our purpose and our values.

"'Where Do You Want to G (R) O?' is my favorite question," says Linda. "'To Keep on Learning' is the way to get there. I'm excited to be able to have these conversations. I'd been a leadership developer all my life, but when I discovered coaching, I realized I wanted to help people make these transitions more easily."

Linda says for some the desire is to renew fading interest. Others look to reinvent themselves to follow a path that is better aligned with core values. Still others look to "rewire" themselves and leave a legacy that impacts the lives of others. With 30 years as a coach, mentor and leadership development facilitator, Linda has been enriched by her own personal journey and lessons learned from others in multiple transitions.

"I want to pay forward the willingness to explore, learn from others and take risks that have created



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diverse opportunities and “next acts” for me,” says Linda. “There is nothing more empowering than collaborating with someone who envisions and acts on their dreams.”

CUTV News Radio will feature Linda Burrridge in an interview with Doug Llewelyn on October 3rd at 2pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Next Act Solutions, visit <http://nextactsolutions.coach>

Lou Ceparano
CUTV News
(631) 850-3314
[email us here](#)

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