

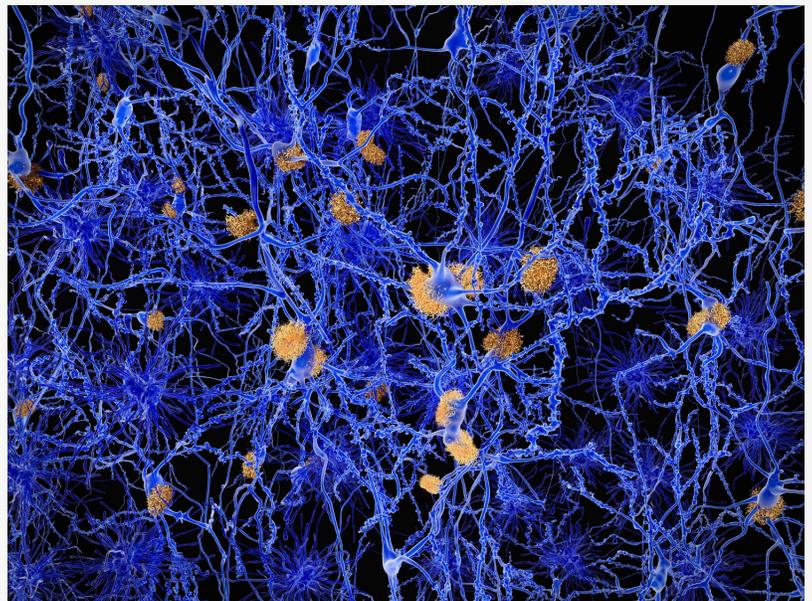
# Brain Fog? Do I have it and don't even know it?

*Your brain fog may be a symptom of Lyme disease. Recent science speculates that it may have been with us since the dawn of time and mimics over 300 illnesses.*

SALT LAKE CITY, UTAH, UNITED STATES, September 28, 2016 /EINPresswire.com/ -- Your [brain fog](#) may be a symptom of [Lyme disease](#). What is Lyme disease? Recent science speculates that it may have been with us since the dawn of time, and may already be at epidemic levels in the United States, in part because many patients get to the chronic stage before being correctly diagnosed. Lyme disease mimics over 300 illnesses and conditions. It settles itself into your body systems with its novel self protection techniques which it has refined over eons of time. Historically this has brought about an onslaught of complications to its host, i.e. joint and muscle pain, chronic fatigue, cardiac issues, and neurological problems, and what is known as brain fog. Sufferers of Lyme disease associate brain fog with being unable to concentrate, short term and long term memory loss, inability to retain information, a loss of personalization i.e. not reacting in highly emotional situations, ringing in the ears (tinnitus), difficulty in carrying lengthy or deep conversations. Many of the symptoms are similar to MS, Parkinson's and Alzheimer's.



Your brain fog may be a symptom of Lyme disease.



Representation of Lyme spirochetes in the brain, causing Brain Fog

So how exactly does all this happen?

Our blood has certain cells designed specifically to protect the brain, keeping out infectious bacteria and viruses. It's called the Blood-Brain Barrier (BBB). The Lyme bacteria can break through this in two ways. First, being spirochetes, they "drill" themselves into healthy cells that carry them past the BBB into the brain. Second, the bacteria mimic the way certain red blood cells move through the circulatory system. The Lyme disease causing bacteria, the *Borrelia burgdorferi*, attach themselves to the side of the blood vessel, the endothelium, and crawl, as it were, using bonds like mini-bungee cords. They then release themselves and float with the blood for a bit, and then go back into the brain



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wall. It effectively keeps them off the immune system radar and allows them to penetrate the BBB. Once past the barrier they can wreak havoc on the neurological systems. Worse, as the body battles the bacteria, toxins build up in the brain and other tissues, complicating things even further. And another serious consequence is that spirochetes emit destructive antigens that fake out the body's defense system causing it to attack healthy cells and neurons in the brain.

One has to ask, "Is there anything I can do about it?"

If symptoms of brain fog are already present, simply using antibiotics and pharmaceuticals will most likely not be effective. Nutrition plays a tremendous role at this level, evidenced by vast supportive research, as well as entering into deep sleep (one may find it necessary to take a sleep aid). Extreme hot baths, vigorous exercise and stress reducing protocols will be the most effective approach for a self orchestrated curative procedure.

#### The FAR Clinic

The Functional Alternative Research Clinic (FAR Clinic) has developed several proprietary medical procedures, which are supported by years of clinical research and testing, including whole body hyperthermia therapy, systemic hyper oxygenation, and pulsed-Electromagnetic (wave) Frequencies (PEMF). PEMF up-regulates stem cell activity in the bone marrow and has been shown to help repair and regenerate damaged nerve tissue. A precision executed G-Force excites cellular fluid movement. In many cases this combination of therapies diminishes or completely eliminates brain fog and its symptoms of Lyme disease.

Learn more at [www.Lyme.instapage.com](http://www.Lyme.instapage.com) or call (385) 336-7777.

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