

# Doulagivers International End of Life Doula Training and Wellness Center NYC Announces Fall 2016 Workshop Dates

*Two live workshops to be offered by Doulagivers in New York City beginning October 30th!*

NEW YORK CITY, NEW YORK, UNITED STATES, October 6, 2016  
/EINPresswire.com/ -- Located on 81st and Lexington Avenue, NYC Doula Training and Wellness Center will serve as the physical location for live workshops taught by Suzanne B. O'Brien RN, the founder of Doulagivers: The New, Specialized Area of Non-Medical Care for the Elderly. Space will be limited to 10 students for each live class for maximum training.

The center will offer two main workshops. The first will be Doulagivers Certified [End of Life Doula](#) Training. This course must be supplemented with the online Doula Classroom for completion and enrollment cost will be \$997.00.



## Doulagivers™

*The New Specialized Area of Non-Medical Health Care for the Elderly*

Course description: Level 3 Certified Doulas are trained in all ways to support someone from the time of a terminal diagnosis all the way through, until after a person dies and helping a family to “re-enter” life after loss. Based on their extensive training, the Doulas offer suggestions for comfort to the patient and family. They provide support to the family and patient during all 3 phases of end of life, offer the latest options for care and EOL planning and help with creating sacred rituals as well as support in grief, bereavement and recovery. They are not home health aides; rather, they are professionals who guide and support the family and patient through their entire end of life journey.

The second workshop offered at the center will be The Life Workshop. This workshop will be supplemented with an 8 week online class. Enrollment cost for The Life Workshop will be \$997.00.

Workshop description: The Life Workshop is a holistic health and wellness program designed to help students understand the human body and how it is comprised of four separate bodies of energy. Each body having its own need for balance and nourishment. When all of our bodies of energy are in total balance, we can experience true peace and harmony. Suzanne's background in nutrition, exercise education, transpersonal counseling, reiki and preventative healthcare combined with the wisdom and

