



# Personal Development Lecture Series Launches in Chicago

*Multi-speaker event to feature Jonny Imerman, founder of Imerman Angels*

CHICAGO, IL, UNITED STATES, October 27, 2016 /EINPresswire.com/ -- ManTalks Chicago and Live for Yourself Consulting will host an interactive event focused on modern mentorship and building better men and women through conversation, connection, and community. This multi-speaker event, featuring Jonny Imerman, founder of Imerman Angels, will be held November 7 at 6:00 p.m., at WeWork Kinize, 20 W. Kinzie, Chicago. Speakers will also include, Halleemah Nash, executive director of iMentor, Benjamin Ritter, founder of Live for Yourself Consulting, and Connor Beaton, founder of ManTalks. Sponsors include University of Illinois (UIC) School of Public Health, iMentor, SCORE Chicago, Bottled Blonde Chicago, Essentia Water, Clif Bar, and Joia All Natural Soda. Information regarding mentorship opportunities, with several of the speakers and the sponsors will be available for participants.

"There is a belief that established gender-based behaviors are losing their foothold, but most traditional prejudices still remain constant in our behaviors. ManTalks Chicago is a first step towards addressing and improving the frustrations we experience in our relationships from outdated and hypocritical gender bias," said Benjamin Ritter.

For example, a recent Mens Health magazine study showed that today, nearly 50 percent of men admit to shaving or trimming their leg hair, yet almost fifty percent of women believe men shouldn't shave their legs. What do these beliefs mean for masculinity and gender roles? What does the phrase; "Be a man?" mean today and why do we still use it?

Ritter has teamed up with ManTalks, "a space for the modern man to evolve through authenticity, community, purpose and accountability," to "redefine masculinity for the modern era," through focusing on mentoring men and women in the areas of personal development, education, and advocacy. ManTalks Chicago is the inaugural event of the series, scheduled to take place every three months in Chicago.

"Conflict develops in our relationships when we act -- and react -- based on our gender biases without realizing or recognizing it," said Ritter. "It is critical that we develop the mentors of tomorrow that can advocate for a more extensive and flexible definition of masculinity, and thus healthier relationships. It's time we brought people together to discuss this and other related issues."

## About Benjamin Ritter

Benjamin Ritter, MBA, MPH is the founder of Live for Yourself Consulting, a personal and professional life crafting program that focuses on improving and transforming your life and relationships for greater levels of fulfillment and happiness. He is a leader in the fields of public health, healthcare, and personal development. He provides individual professional, life, dating, and relationship consulting services, and various workshops as needed. <http://www.benjamin-ritter.com>

## About ManTalks

ManTalks purpose is to connect men to one another so they can be challenged, grow, excel and

break through their own perceived limitations. They accomplish this by engaging in powerful dialogue, through events, media such as podcasts, and mastermind groups to help men build more authentic relationships with themselves and other like minded men and women. <http://mantalks.com/>

#### About Jonny Imerman and Imerman Angels

At 26 years old, Jonny Imerman was diagnosed with testicular cancer and began his fight against the disease with support from his family and friends, but no one that had experienced cancer. This was the start of his vision and in 2003 he founded Imerman Angels. Imerman Angels partners anyone seeking cancer support with someone just like you – a “Mentor Angel”. A Mentor Angel is a cancer survivor or caregiver who is the same age, same gender, and most importantly who has faced the same type of cancer. Their service is absolutely free and helps anyone touched by any type of cancer, at any cancer stage level, at any age, living anywhere in the world. <http://imermanangels.org/>

ManTalks Chicago will take place on November 7t, from 6:00 to 8:30 at WeWork Kinzie, 20 W. Kinzie, Chicago, IL, 60654. Doors open at 6:00 p.m., event starts at 6:30 p.m. Tickets can be purchased at <http://mantalkschicago.splashthat.com>. Light refreshments provided.

For more information, contact 872-529-5483 or [contact@benjamin-ritter.com](mailto:contact@benjamin-ritter.com)

Benjamin Ritter  
Simplify Health Inc.  
8725295483  
[email us here](mailto:contact@benjamin-ritter.com)

---

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2016 IPD Group, Inc. All Right Reserved.