

Youfit® Health Clubs Supports Heroes With FREE Membership Months

All Veterans and First Responders Who Join in November will Receive the First Three Months FREE

DEERFIELD BEACH, FL, UNITED STATES, November 2, 2016 /EINPresswire.com/ -- While Youfit® Health Clubs supports and celebrates all servicemen and women throughout the year, this month the budget-friendly gym is extending an extra-special thank you. To express its greatest gratitude, Youfit set forth an invitation to join their community at no charge and re-create the healthy fitness routine of preparing for service. Throughout the entire month of November, any veteran or first responder who joins will receive the first three months FREE.

"We wanted a way to say 'thank you' to Veterans and first responders," said Chief Marketing Officer Tom Peterson, about the promotion. "This is our way of showing we're here to work alongside them now, to keep them healthy, happy, and strong here at home."

A decline in physical fitness and putting on extra weight is actually quite common in inactive and retired military personnel – who no longer have boot-camp, hikes, runs, and PT (physical training) as part of their daily routines, according to an article from the U.S. Army. With its welcoming atmosphere and wide variety of activities ranging from traditional cardio and weight training to yoga, Zumba, organized fitness classes, and available personal training consultants, Youfit® is hoping to ease the transition for America's valued veterans.

In addition to supporting veteran and first responder members, Youfit Health Clubs is also committed to employing heroes and providing career paths which closely align with the skills learned in the service. Rick Wesson, Executive Operations Director at Youfit, compares his military family to his Youfit family.

"I've had my Army family since 1988, and my Youfit family, which is still ever growing, since 2008," he said. "We employ a lot of veterans here at Youfit. If you're a veteran and you're looking for work, come and see us." Veterans who are looking to start a new career in the health and wellness industry are encouraged to apply by visiting to open positions here or by emailing dkassarie@youfit.com.

To receive a complimentary 3-month membership, Veterans and first responders need only show proper military/veteran identification during sign up. As with all Youfit® memberships, there are no minimum contracts or obligations.

For more information, visit <u>www.youfit.com/supportourheroes</u>.

About Youfit® Health Clubs

Youfit Health Clubs, founded in 2008, is a chain of budget-friendly fitness centers with over 115 locations across, predominantly in the South and Western US. Youfit was founded by Rick Berks with the aim of creating gyms with a welcoming environment where everyone fits-in at a low price starting at \$10 per month. Youfit places a great emphasis on environmental responsibility. Its gym floors are made from Nike Grind and other recycled rubber materials, and each Youfit location practices additional eco-friendly initiatives. For more information, visit www.youfit.com.

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