

# Nutrition Expert KC Craichy to Speak at the Grow Stronger Experience in Tampa

*Top athletes and trainers will be on hand to learn secrets for maximizing performance.*

ORLANDO, FLORIDA, USA, November 4, 2016 /EINPresswire.com/ -- KC Craichy, one of the world's foremost experts in the area of performance nutrition, will be a featured speaker at the inaugural Grow Stronger Experience at the Tampa Convention Center Nov. 4. The Grow Stronger Experience is a day-long empowerment workshop for athletes with sessions on topics such as neuromuscular strength, heroism and life mastery.

Craichy, founder and CEO of Living Fuel, the Leader in Superfood Nutrition, will be delivering a motivational session titled:

Recovery Secrets to Maximize Performance. The Grow Stronger Experience is a lead-in to the 3rd Annual Living Fuel Strength Camp Challenge the following day, which features athletes from around the country competing in a variety of speed, strength, endurance, and powerlifting events.



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*KC Craichy*

“The Grow Stronger Experience is a great opportunity for the participants to learn critical information about success that can be applied to many areas of life,” Craichy says. “I am excited to be speaking to such an eager group, many of whom I know will be competing the next day.”

More about Living Fuel can be found at [www.livingfuel.com](http://www.livingfuel.com) and more about the Grow Stronger Experience and Living Fuel Strength Camp Challenge can be found at [www.strengthcampchallenge.com](http://www.strengthcampchallenge.com).

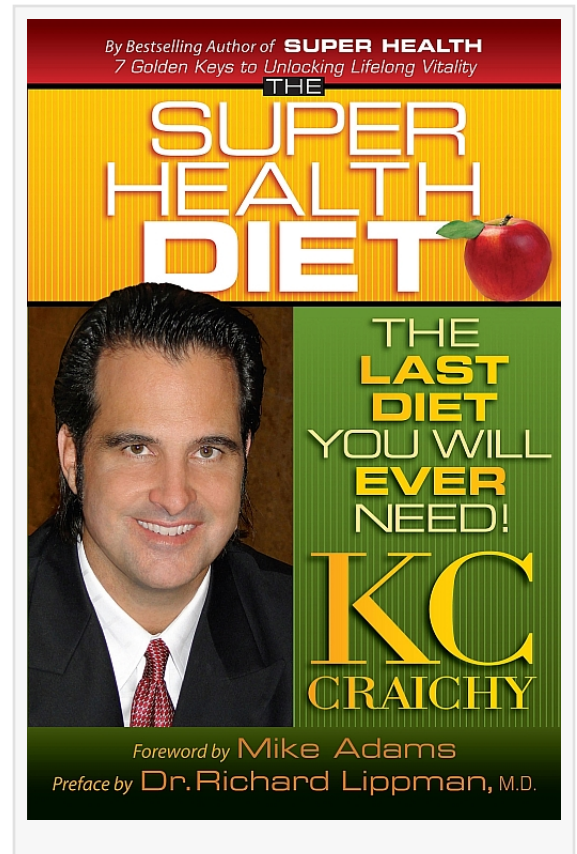
More about KC Craichy

KC Craichy is a health advocate, researcher, and recognized expert on natural health and performance nutrition. His extensive study of leading-edge health research and collaborative work with top medical and nutritional practitioners and researchers to solve his wife Monica's health problems—*anxiety, depression, and suicidal thoughts*—led him to the answers for Monica's healing and to the founding of Living Fuel, Inc. As a result of overcoming this health crisis, KC and Monica have helped numerous people become overcomers in their own health situations. Together they are

now cohosts of the popular Internet TV program [LivingFuelTV](#).

KC is committed to changing lives through multimedia, super health lifestyle education combined with super healthy, high impact superfoods. He is a Performance Nutrition Specialist and serves on the Nutrition Advisory Board for Titleist Performance Institute. KC also served on the Clinical Nutrition Review Board (the certifying body of the International and American Association of Clinical Nutrition) for seven years. A frequent natural health and performance nutrition guest on various TV and radio programs as well as a frequent contributor to national magazines and blogs, KC has been featured recently on multiple episodes of The Truth About Cancer series and the Preventing and Reversing Diabetes World Summit. KC was also a featured speaker at the Comprehensive Treatment Plans for Chronic Conditions Innovative Conference with the University of Miami Miller School of Medicine. KC lives in Orlando, Florida, with his wife, Monica, and their five children.

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