

## Tricia Andreassen Releases New Book On Resilience and Hits #1 In New Release Category

Tricia Andreassen Author of Resilience In The Storm: How To Come Back Stronger From The Storms In Your Life Hits #1 in under 12 hours

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Resilience In The Storm: How To Come Back Stronger From The Storms In Your Life Phone: 704-968-6994 Tricia@TriciaAndreassen.com www.ResilienceInTheStorm.com



Author and Spiritual Growth Teacher, Tricia Andreassen Releases New Book On Building Resilience In The Storm and it hits #1 in New Release Category within 12 hours of promotion.

There are inspirational books that motivate while giving true stories, and there books that provide interactive journaling to bring out one's own inspiration and self-awareness but there are few that combine both. The book Resilience In The Storm opens your mind as well as your heart and faith to show how to build resilience through specific strategies provided from real life experiences.

"I remember the early morning hour when the word 'resilience' came to me. It was the little voice inside me that said, 'Tricia, you need to gather people together to share their story on the topic of resilience.' The thought inspired me; hungry to learn more about how to build resilience. The writers that came together to share their personal stories has shed incredible insight on how resilience is born within and also how it can be developed." Comments Andreassen.

As a Speaker and Accelerated Growth Coach on blending life, business and the spiritual side that all lies within us, Tricia Andreassen has inspired thousands of entrepreneurs, businesses and people from all walks of life on how to unlock the inner warrior that lies within them. "We all have a strength within us when we are born. Over time, responsibilities and the expectations of others can weigh us down causing us to lose the pieces of ourselves along the way. I have found that if we learn how to clear the muddle from the story we have told ourselves and the beliefs we have allowed to put upon ourselves that we can truly find a way back to ourselves. It is in that we will be able to rediscover the dreams that we once had and also be inspired to rise up to the leader God called us to be."

Andreassen started her company from the bonus room of her home taking it to International recognition as one of the top Branding, Web Development and Strategic Marketing companies for helping Real Estate professionals grow their business. She has grew it to a 7 figure business and sold in 2015 after her calling of delivering the interfusion of life, spirit and faith into one's business or personal dream. She now owns Creative Life Publishing and Learning Institute dedicated to helping aspiring writers express their voice and share a message of hope and encouragement. The learning division is focused on providing educational resources to grow in multiple areas of life including: personal growth, parenting, dream building, business and marketing, faith and spiritual growth as well as curriculum for Youth. Her personal coaching practice varies on the individual on what they want to achieve whether it is business related or personal growth related.

Andreassen's business book, Interfusion Marketing: Unlock The Secret Code To Dominate Your Market hit #1 in less than 5 hours of book launch and has continued to be offered internationally and on the best seller list for over 59 weeks spanning multiple categories. She was also a Best Selling Co-Author in the book Success Chronicles on what the real meaning of success is and how to look at it from a 360 degree view. The link to order the book now is at: <u>https://www.amazon.com/Resilience-Storm-Coming-Stronger-Storms/dp/1946265020/ref=asap\_bc?ie=UTF8</u>

This newly released book, Resilience In The Storm is focused on <u>building your resilience</u> with thought provoking sections to journal at the end of each chapter to help you grow and discover the strength that can be found from within. If a book is ordered by midnight on Friday, 11/18/2016 Andreassen is offering additional free teaching materials on building resilience in your business as well as in your personal life valued at over \$150.00. (Please send your receipt as proof of purchase to BookPurchase@TriciaAndreassen.com.)

For more information on Tricia Andreassen's books and teachings or for interviews visit <u>www.TriciaAndreassen.com</u>. For information on how to become a published Author and learn the strategies of becoming a Best Selling Author or have a desire to develop content as a professional speaker with a clear message visit <u>www.CreativeLifePublishingandLearningInstitute.com</u>.

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