

# Youfit® Health Club's YouGX Hosting Care Package Drives for The Troops

*Select Youfit locations across the country will be coming together to host a national care package drive for our active military.*

DEERFIELD BEACH, FL, UNITED STATES, November 17, 2016 /EINPresswire.com/ -- Youfit Health Clubs are home to YouGX – high-quality fitness classes bringing branded formats like Zumba, Insanity, PiYo, and Turbo Kick to members looking to add excitement into their regular routine. This November, in commemoration of Military Family Month, YouGX participants across the country will band together to show their appreciation for those whose fitness is a job necessity – our troops overseas. Together with [Operation Shoe Box](#), more than 50 Youfit locations featuring YouGX will host care package drives for the benefit of our active military. Simply drop by your nearest participating location with your donation through November 29th.



“We are asking for all Youfit members to give what they can for those who have given so much”, said Chief Marketing Officer Tom Peterson, about the drive. “These care packages express a fraction of the gratitude we share for their sacrifice.”

YouGX has chosen to partner directly with Operation Shoe Box, a nonprofit organization based in Central Florida whose mission includes “boosting morale with practical tokens of kindness in the form of snacks, personal care items, entertainment and thank-you notes to men and women stationed around the world”. In 2012, Operation Shoe Box delivered over 114 tons of supplies to troops overseas. The Youfit team hopes to break new records this year through their joint effort.

From now through the 29th, donation boxes can be found at the front desk of all Youfit locations along with a [list of needed donations](#) – hygiene items, printed materials, music and more. In addition to the donation drive, all participating Youfit clubs will offer special classes for ALL Youfit members at all drop-off locations on Nov. 29. Contact your local club to honor our troops this November with your kind offering.

About Youfit® Health Clubs

Youfit Health Clubs, founded in 2008, is a chain of budget-friendly fitness centers with over 115

locations across, predominantly in the South and Western US. Youfit was founded by Rick Berks with the aim of creating gyms with a welcoming environment where everyone fits-in at a low price starting at \$10 per month. Youfit places a great emphasis on environmental responsibility. Its gym floors are made from Nike Grind and other recycled rubber materials, and each Youfit location practices additional eco-friendly initiatives. For more information, visit [www.youfit.com](http://www.youfit.com).

#### About Operation Shoe Box

Founded in 2003, Operations Shoe Box began in Belleview, Florida with the humble efforts of military mom Mary Harper. From their modest beginning in Mrs. Harper's living room, Operation Shoe Box grown to over 1300 dedicated volunteers in three locations and is dependent upon people all across the country who donate their time, money and assistance in accomplishing the mission.

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