

Three Secrets to Achieve Personal, Professional and Financial Fulfillment in the New Year

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HOUSTON, TEXAS, UNITED STATES, November 22, 2016 /EINPresswire.com/ -- Each year, the calendar rewards us with a chance for reinvention with the arrival of the New Year. This is the perfect opportunity to reconfigure your entire way of life. You can opt to reinvent only a few key aspects of your life, or go for the complete overhaul; the method of reinvention is the same.

“Whether it is prioritizing your financial landscape, addressing your health and

well-being, or realigning your behavior, the quality of your life is based upon the questions we ask,” said Dr. John Demartini, the internationally renowned inspirational speaker, presenter, and author. “Our answers to these questions can bring the fulfillment we need in the new year.”

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Demartini knows that this is the time of year where, practically in one global voice, people ask soul-searching and life-changing questions of themselves, such as How can I be happier? How can I get job satisfaction? How can I make more money? He has some key secrets to reaching fulfillment in a way that can make 2017 “your year.”

“There are some ways to prepare yourself for your annual reinvention,” he said. “Looking back on the past year, you can see what worked and what needed improvement.” First, he suggests, you need to recognize and gratefully acknowledge the past, then allow yourself to let go of it. You may have a

tendency to hold on to your things of the past and judge yourself, and this only further holds you back from doing extraordinary things with your life.

Demartini offers some answers to the three common questions frequently asked:

“How can I be happier/more fulfilled?”

Fulfillment emerges when you set meaningful and inspiring goals that are truly congruent with your top three highest values and prioritize your daily actions accordingly, and then – through you taking



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persistent action – achieve them incrementally and progressively in ever more expanding and fulfilling ways. Document what you have achieved daily and be grateful for the opportunity to serve and be served.

“How can I be more successful?”

To achieve at progressively ever greater levels, it is wise to again set true, clear, meaningful and inspiring goals that deeply serve both yourself and others, and then take incrementally more expanded specific actions steps to achieve them while documenting milestones of achievement along the way. Persistence conquers obstacles. If you set out to truly achieve meaningful and inspiring goals you won't give up. Little steps lead to big dreams.

“How can I build more wealth?”

Wealth can mean genuine or general wealth and well-being, or it can mean specifically financial wealth. Money circulates through the economy from those who value it least to those who value it most. If you value spending your money on immediately gratifying and depreciating consumables more than long-term appreciating assets, you will probably not ever achieve financial independence. Take a portion of whatever you have earned and consistently and persistently save it until you have built up a few months' worth of financial cushion, and then invest anything beyond that amount consistently into truly appreciating assets, possibly equity shares or rental properties. Until you truly value wealth-building, it will probably pass through your hands. Piggy banks can become “biggy” banks.

Demartini encourages people to take a Values Determination that can be found on his website at www.drdemartini.com. This is the first step to discovering the primary key to your desire to reinvent yourself and receive a fulfilled life in any or all of these aspects.

Dr. John Demartini – who literally spends 360 days a year traveling all around the planet – is a noted educator, business consultant, author and founder of The Demartini Institute, a private research, education and service institute he founded in 1982 in Houston, Texas. A globally renowned inspirational speaker, Demartini, who was featured in the acclaimed book and movie *The Secret*, is the author of 40 books published in over 29 different languages. He has produced over 60 CDs and DVDs covering subjects such as development in relationships, wealth, education and business.

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