

# recharj® Celebrates Grand Opening of Its Modern Meditation and Power Nap Studio in Downtown DC

*recharj® Studio Offers Beginner to Advanced Meditation Classes and Power Naps*

WASHINGTON, DC, USA, November 30, 2016 /EINPresswire.com/ -- Type A White House staffers and lobbyists now have a new place to drop-in for a power nap or to meditate just steps away from 1600 Pennsylvania Ave. The DC studio offers a range of [meditation](#) traditions in class format for all levels as well as 25-minute power nap sessions. In addition to classes, [recharj®](#) offers private one-on-one instruction, self-guided digital content, as well as workshops and [corporate mindfulness programs](#) to provide clients with intensive practice opportunities.

The downtown DC-based wellness company, recharj®, has announced the official Grand Opening for December 15th, 2016 from 10:00 am - 2:00 pm at its flagship location, 1445 New York Ave NW. recharj®'s grand opening will consist of FREE classes, power nap demonstrations, raffles, a market with local food and health/wellness vendors, and the unveiling of a new sound healing experience.

“Washingtonians are feeling more stressed and fatigued than ever before. Our new studio offers a sanctuary to meditate, sip tea, power nap, and ‘recharj,’” said Christine Marcella, recharj®'s DC studio Manager. “In other words, it’s a space for people to reboot and sharpen their minds in preparation of their important work.”



recharj



recharj: power nap

“For businesses, we offer an invaluable path to boosting productivity and engagement,” founder Daniel Turissini comments. “It is no coincidence that our first studio is in the nation’s capital.”

The Washington, DC studio is home to a spacious, eco-therapeutic meditation and power nap room with a more intimate room for both private one-on-one and self-guided meditation. The space also features a range of amenities including private cubbies and kitchenette stocked with premium teas and other beverages. A full retail boutique will showcase men’s and women’s casualwear, as well as a variety of accessories to meet your mindfulness and lifestyle needs.



recharj: meditation

Clients who are new to recharj® will receive their first week free! A variety of package and membership options are also available.

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*Daniel Turissini, Owner,  
recharj®*

recharj® – Washington, DC Studio  
1445 New York Ave NW, Suite 130  
Washington, DC 20005

About recharj®

recharj® strives to increase awareness and widespread adoption of meditation and power napping by making it accessible to all levels through a variety of traditions, convenient class times and a prime studio location. The company’s unique, diverse, and approachable style combines sound, light, nature, breath, and community to create a one-of-a-kind experience. recharj® meditation classes are taught

by warm and skillful certified mindfulness instructors. In addition to meditation classes and power nap sessions, recharj® offers transformative Corporate Programs to empower business professionals to become more productive and advance their individual practice. recharj®’s beautiful, eco-therapeutic studios are built with sustainable practices in mind and leverages the latest technology. recharj® was founded in 2014 by Daniel J. Turissini. For more information, visit [www.recharj.com](http://www.recharj.com).

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