

Final Days of Christmas Sale of California Extra Virgin Olive Oil

Authentic California EVOO now on sale by Gourmet Living

GREENWICH, CT, UNITED STATES, December 18, 2016 /EINPresswire.com/ -- Gourmet Living's holiday sale for its [extra virgin olive oil from California](#) will be ending shortly. This exceptional CA EVOO is currently available for sale on Amazon.com through Dec 23 at the special promotional price of \$19.95 (regularly priced at \$24.50).

Says Sheila May, the co-owner of Gourmet Living, "this is a superb [California extra virgin olive oil](#) harvested from the Picual olive at a special promotional price."

Extra virgin olive oil ("EVOO") is the cornerstone of the [Mediterranean diet](#) and many Americans have switched to olive oil because of its special nutritional benefits. The quality of extra virgin olive oil produced in California has shown marked improvement in recent years as health-conscious Americans often substitute olive oil for butter in their daily cooking.

Furthermore, domestically harvested and bottled olive oils maintain more stringent controls over the end-product. Gourmet Living's California extra virgin olive oil is harvested from trees producing the Picual olive grown on a Californian olive orchard.



The health benefits of using extra virgin olive oil is a controversial subject. Some suggest that olive oil helps to reduce heart disease and may even control diabetes. Sceptics argue that the "health benefits" of olive oil are not supported by independent studies. Nevertheless, both sides agree that incorporating more fresh fruits and vegetables in your diet (commonly consumed with EVOO) is healthier than consuming processed foods.

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Brighten someone's holiday with the healthy and tasteful gift of extra virgin olive oil from California.”

Sheila May

Sold in a distinctive 500ml bottle, Gourmet Living has improved the cap and bottle to provide buyers with a better experience. A 500 ml bottle of EVOO will last at least a year after it has been opened for the first time. Olive oil is best consumed within two years of a harvest - in this case, November 2017.

EVOO is far more labor intensive than the production of other vegetable oils. Prices for an authentic and certified 500 ml (17FL oz) bottle of EVOO can vary between \$15 and \$45. Few oils labeled "extra virgin olive oil" are harvested and bottled under the stringent protocols established by the International Olive Council. High quality oils from reputable producers in Italy,

Greece and Spain tend to be more expensive than those harvested in California.

Until December 23rd, one can purchase this superior California extra virgin olive oil on Amazon at this special holiday promotional price of \$19.95. Members of Amazon prime receive free shipping.

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