

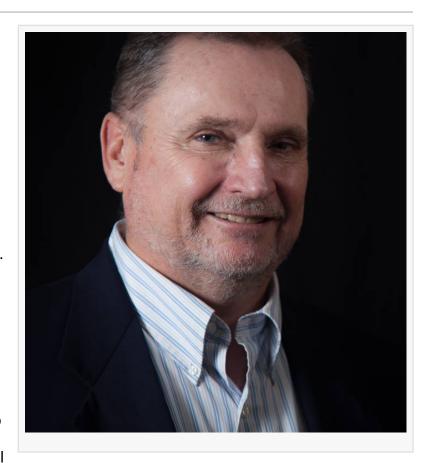
## Peter Metzner of Dynamic Change, Inc. to be Featured on CUTV News Radio

CHAPEL HILL, NORTH CAROLINA, USA, January 2, 2017 /EINPresswire.com/ -- According to a recent survey conducted by Inc. Magazine, 75 percent of respondents said their immediate boss is the biggest source of stress in their life. Research shows bad bosses can cost the economy upwards of \$360 billion dollars a year.

Of course, very few bosses wake up each day with the intention of making their employees miserable. Most bosses are simply reacting to their own personal stress.

Peter Metzner is the founder of Dynamic Change, Inc. an executive and leadership coaching business.

"My aim is to make a difference in the world by helping people to become more conscious, more considered and connect to what's really important," says Metzner. "That was my original mission and that's still what I keep at the core."



As a coach, Metzner is primarily interested in preventing executive derailment. These individuals are



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industry experts, bright, PhDs, doctors, lawyers, scientists, but they are getting in trouble over interpersonal relationships. The company can't afford to lose their talent, experience, industry contacts, but if they don't change their behaviors, the company can't afford to have anyone else leave.

"My clients are always talented, driven, very smart people, but it's not their weaknesses that get them in trouble; it's the overuse of their strengths. I help them understand the human systems side so they don't shut people down," says Metzner. "I've created a system to help them become more aware,

have better interpersonal relationships and understand what it takes to create engagement as opposed to disengagement or turnover."

According to Metzner, when we operate out of stress or anger or fear, we're going to manifest self-defeating behaviors. Metzner's coaching process can help people respond more appropriately,

instead of reacting.

"I'm on their side to get them to a point where they feel more effective as a leader. I'm the person who can help them keep their job or advance in their careers. From the beginning they can see me as a life raft or someone to help turn things around," says Metzner. "I want my clients to be strong enough to receive feedback, mature enough to own their flaws, healthy enough to accept themselves and accept others, and be responsible for how they impact others. If they get that, even if they forget everything else, we've succeeded.



"When someone gets it, not only have I helped that person, but I've helped everyone they come into contact with, especially the people who work with them and for them."

CUTV News Radio will feature Peter Metzner in an interview with Doug Llewelyn on January 4th at 10am EST and with Jim Masters on January 11th at 10am EST.

Listen to the show on **BlogTalkRadio**.

If you have a question for our guest, call (347) 996-3389.

For more information on Dynamic Change, visit <a href="http://www.dynamicchangeinc.com">http://www.dynamicchangeinc.com</a>

Lou Ceparano CUTV News (631) 850-3314 email us here

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