

CACFP Showcase: Learning From Nature

Child and Adult Care Food Program (CACFP) Provider Linda Fisher of Worcester, VT featured by National CACFP Sponsors Association

AUSTIN, TEXAS, UNITED STATES, January 24, 2017 /EINPresswire.com/ -- Imagine being able to help harvest the apples from the orchard, pick seeds and forage berries before the bears get them. As a home provider in rural Vermont, Linda Fisher is able to give the children in her care those actual opportunities. Since opening her doors in 1992, Linda has taken pride in being a "guardian of childhood" and allowing the children in her care to experience everything they can from nature.

It is important for Linda to allow the children a safe place to explore and learn through play. She maintains a flexible schedule that allows them to determine their interests. The learning opportunities are developed from those interests and their ranging readiness levels, while also incorporating standard pre-k learning objectives.

Keeping conversation open is a key ingredient to learning. During family style meals, discussions around the table are about a wide degree of topics and all learn from each other.

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Learning is natural. It allows children to feel accomplished and be full of pride when it comes from their own desires.”

Linda Fisher

As they watch each other taste new foods, the children are more inclined to do the same. They help with meal times and in food preparation as they are developmentally ready. Even nutrition education can come organically. Like in Linda's home, it does not have to be a formal process.

CACFP is an indicator of quality child care. When children are cared for by providers who are part of the CACFP program they are receiving the best nutrition available. Learn more

about other CACFP providers featured in our Member Showcase at our [website](#).

CACFP Since 1986 the National CACFP Sponsors Association ([NCA](#)) is the leading national organization for sponsors who administer the USDA Child and Adult Care Food Program (CACFP).



Children are able to experience and learn from nature at Linda Fisher's home child care.

We provide education and support to thousands of members in the CACFP community and in particular to sponsors of all sizes from across the country. We strive to improve communication between families, care givers, sponsors, and their supervising government agencies.

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