

CACFP Showcase: Educating the Whole Child

Child and Adult Care Food Program (CACFP) Provider Virginia Miller of Kirkwood, MO featured by National CACFP Sponsors Association

AUSTIN, TEXAS, UNITED STATES, February 9, 2017 /EINPresswire.com/ -- There are many aspects to consider when developing wellrounded, well-educated children. Virginia Miller keeps this idea in mind as she strives to focus on different pieces of the whole child: social, mental, physical, and intellectual. Since 1981 she has worked to refine and update her educational processes.

A healthy lifestyle is central in development. Ms. Miller believes kids should try new foods, but doesn't let go of what is liked and enjoyed. Food should be interesting, while also following the set guidelines. She works to keep the parents on the "same page" and communicates nutritional ideas and menus monthly.

Educationally, different units of study are focused on throughout the year. The kids learn everything from insects to planets with projects, arts and crafts, and lessons. They are also continually working on the skills they will need to move on to kindergarten.

“

There are only five years kids have to be children. Having the opportunity to really be a child and have fun is very important.”

Virginia Miller

keep her caring for children long into the future.

Learning is key, but Ms. Miller also understands childhood itself is beyond valuable and time is precious.

CACFP is an indicator of quality child care. When children are cared for by providers who are part of the CACFP program they are receiving the best nutrition available. Learn more about other CACFP providers featured in our Member Showcase at our [website](#).



At Virginia Miller's home child care children learn to ride bicycles by the age of 4.

CACFP Since 1986 the National CACFP Sponsors Association ([NCA](#)) is the leading national organization for sponsors who administer the USDA Child and Adult Care Food Program (CACFP). We provide education and support to thousands of members in the CACFP community and in particular to sponsors of all sizes from across the country. We strive to improve communication between families, care givers, sponsors, and their supervising government agencies.

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