

More U.S. Middle School Students Dying of Suicide Than Car Crashes, CDC Finds

Need for Preventive Mental Health Education in All Middle and High Schools, and Colleges

GUELPH, ONTARIO, CANADA, January 16, 2017 /EINPresswire.com/ -- The [suicide](#) rate among U.S. middle school students doubled from 2007 to 2014, surpassing for the first time the incidence of youngsters aged 10 to 14 who died in car crashes, according to a new U.S. report.

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In aggregate numbers, 425 young people 10 to 14 years of age took their own lives in 2014, compared with 384 who perished in automobile accidents that year, according to the CDC.

Those figures contrasted sharply with figures from 1999, when the rate of middle school students killed in car crashes, was four times higher than the rate among those who died from suicide that year.



Suicides result from emotional and psychiatric problems.

“

The mass of men lead lives of quiet desperation.”

Thoreau

Here are the facts about mental illness.

- 25% of people are affected
- these illnesses onset in 20% of people before age 24
- 70% of them don't know what's wrong!
- 15% of untreated persons with [depression](#) commit suicide

- 90% of adults with ADHD are never treated (despite excellent treatment being available)
- the average delay from diagnosis to treatment is 10 years

Considering the lack of knowledge people have, and the tidal wave of suffering that results, there is a desperate need for preventive mental health education instead of dealing with the aftermath.

Now available for the first time are the Middle, High School and College Anti-Suicide Webinars.

These powerful programs use videos, animations, graphics and narrated slides. All the major mental

health problems are addressed which are drug abuse, stress, depression, [anxiety](#), ADHD, PTSD and suicide.

It's time to immunize your children against these risks. And parents usually have the same problems, so it's vital for you to watch these webinars with your children.

The exciting benefits of these programs include:

- the first systematic preventive mental health education in the world
- dispel the fear and mythology around mental health problems so youth come forward earlier to ask for help
- early recognition of symptoms which permits earlier intervention and reduced health care costs
- explain the effectiveness and genuine hope of treatment
- encourages youth to start talking about their problems

The cost is only \$1 US per person if ordered by schools or \$25 per family.

Order through the e-mail address, Frank@MentalHealthManuals.com.

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Mental Health Manuals
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