

CUTV News Radio spotlights author Lucetta Zaytoun

Lucetta Zaytoun is the author of It's Already Tomorrow Here: Never Underestimate the Power of Running Away

RALEIGH, NORTH CAROLINA, USA, January 24, 2017 /EINPresswire.com/ -- You've given your whole life to being a wife and a mother, but life has phases doesn't it? You can begin a new story, a new chapter, or even write a whole new book. That's what Lucetta Zaytoun did.

Lucetta is a life and authentic leadership coach and the author of It's Already Tomorrow Here: Never Underestimate the Power of Running Away.

After raising six children and launching them into the world, Lucetta experienced a revelation that nearly destroyed her life: her husband had fallen in love with another woman. All those years of raising her children, PTA meetings, volunteering,

Lucetta had no career. Suddenly she needed one.



"I didn't know who I was if I wasn't a wife or a mother. How am I going to figure out what I'm going to do with the rest of my life if I don't know who I am?"



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Lucetta Zaytoun

Lucetta continued to despair for six months until one night, she experienced her Aha! Moment. She realized she didn't have to stay where she was. Her children were all grown up and on their own. She could do anything she wanted. So she placed all her belongings in storage, sold her car, turned off her phone and spent the next year traveling through

developing countries all by herself.

"People ask me when you ran away did you think you would eventually write a book," says Lucetta. "At the time I thought what I was doing was foolish and weak. I ran away. But when I came back, people asked me where I'd been and what I'd been doing. As I shared my story, I could see the impact that it had. It welled up in me in such a way that I had to write it."

At 51, Lucetta jumped off the world's highest bungee bridge, was French-kissed by a giraffe, ate a

tarantula and was even abducted. It's Already Tomorrow Here is a memoir of Lucetta journey of healing.

"I learned the power of returning to your authentic self and holding true to your authentic identity," says Lucetta. "I firmly believe that courage is the fastest way to self-confidence. Everything that happens in our life is perfect. It may not always feel good, it may be messy, but it's always the way it's supposed to be. It's moving us forward and growing our soul."

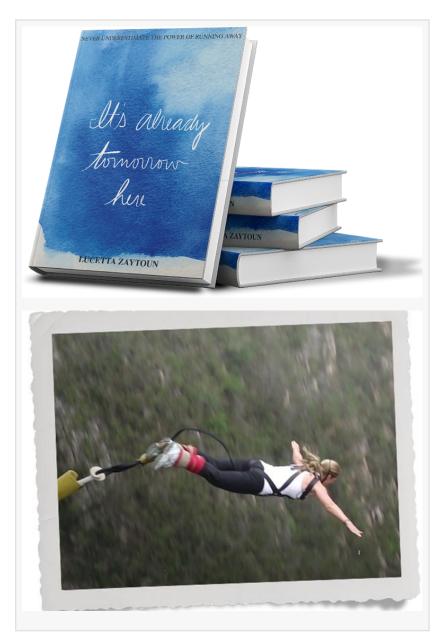
CUTV News Radio will feature Lucetta Zaytoun in an interview with Doug Llewelyn on January 26th at 11am EST.

Listen to the show on **BlogTalkRadio**.

If you have a question for our guest, call (347) 996-3389.

For more information on Your Life in Bold, visit http://www.lucettazaytoun.com

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