

Super Food For Super Game: Garden Lites Available Nationwide

Snacks that deliver a win-win! Garden Lites Superfood Veggie Cakes - Just In Time For The Big Game

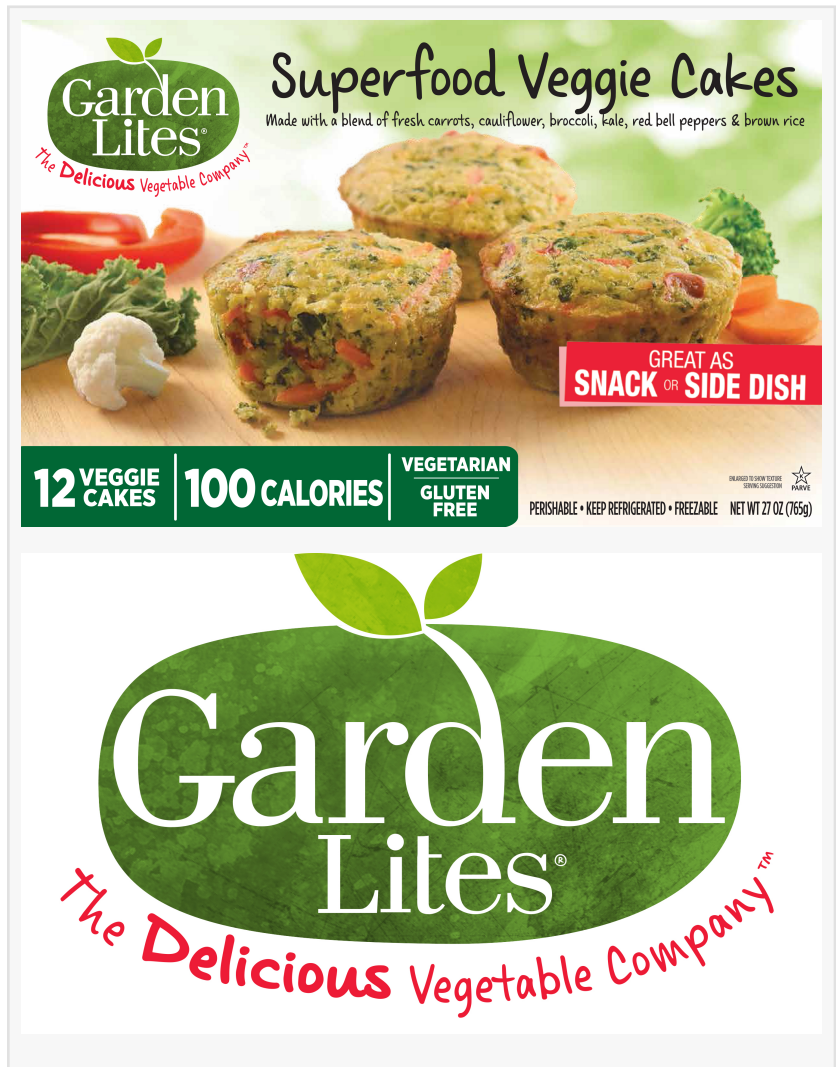
JAMAICA, NEW YORK, UNITED STATES, January 24, 2017

/EINPresswire.com/ -- [Garden Lites®](#), the delicious vegetable company, is ready to kick a touchdown for your Big Game party, with the nationwide launch of [Superfood Veggie Cakes](#). Garden Lites Superfood Veggie Cakes live up to their heroic name: bursting with heart-healthy, nutrient dense super foods such as fresh carrots, cauliflower, broccoli, kale, and red bell peppers, in a tasty recipe that the whole family can enjoy. This Big Game day, why not add in some wholesome, tasty snacks to your party mix, and offer your friends and family a nutritious treat brimming with ingredients that are super-healthy?

Available in the refrigerated section in Costco, Garden Lites Superfood Veggie Cakes are delicious, vegetarian, Gluten-free and only 100 calories! The first and main ingredients in every Garden Lites products are always [vegetables](#), and the Superfood Veggie Cakes are no

exception. Superfood Veggie Cakes are perfect for healthy snacking on-the-go, or also as a quick side dish at home to go along perfectly with any meal. Garden Lites Superfood Veggie Cakes are available for a suggested retail price of \$9.79. They can also be found on line at www.healthygoodness.com and at www.gardenlites.com.

“Everybody loves football and during the Super Bowl, we all know our tables will be laden with snacks, so why not add in some nutritious foods to the mix?” said Andy Reichgut, Executive Vice President of Garden Lites. “We’ve created DELICIOUS foods that are also good for your body– every one of our products is veggie-based and features vegetables as the first ingredient. Why the focus on veggies? Because the one message on health that has never changed is ‘eat your vegetables’ – and we know how to make veggies delightful. ”



The image shows the packaging for Garden Lites Superfood Veggie Cakes. At the top left is the Garden Lites logo, which consists of a green leaf above the words "Garden Lites" in white, with "The Delicious Vegetable Company" written in red below it. To the right of the logo, the product name "Superfood Veggie Cakes" is written in a large, black, sans-serif font. Below the product name, a smaller line of text reads "Made with a blend of fresh carrots, cauliflower, broccoli, kale, red bell peppers & brown rice". The central part of the packaging features a photograph of three round, golden-brown veggie cakes on a wooden surface, surrounded by fresh vegetables like red bell peppers, cauliflower, and broccoli. A red banner at the bottom right of the photo area says "GREAT AS SNACK OR SIDE DISH". Below the photo, a green banner contains the text "12 VEGGIE CAKES | 100 CALORIES | VEGETARIAN GLUTEN FREE". At the bottom right of the green banner, it says "PERISHABLE • KEEP REFRIGERATED • FREEZABLE NET WT 27 OZ (765g)". At the very bottom of the packaging is a large green oval with a white leaf on top, containing the words "Garden Lites" in white, with "The Delicious Vegetable Company™" written in red below it.

About Garden Lites:

Garden Lites® is a Classic Cooking, LLC brand based in Jamaica, Queens, NY that produces delicious vegetable snack foods. Since 2008, Garden Lites has raised the bar in healthy foods by delivering full flavor that's also veggie rich. Garden Lites has the Good Housekeeping Nutrition Seal of Approval and is the recipient of numerous awards, including the 2016 Cooking Light - The Healthiest Frozen Foods in the Supermarket: Breakfast; 2016 Grocery Headquarters Trailblazer Award; 2016 Parents Magazine 25 Best Frozen Food for Families; 2016 – Gluten Free Digest Chocolate Muffins and 2015 Pioneers of Better For You: Refrigerated and Frozen Foods.

For more information on Garden Lites products, visit www.GardenLites.com and be sure to “Like” on Facebook and Follow on Twitter!

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