

# Dr. Art Rosengarten of Moonlight Counseling to be Featured on CUTV News Radio

SOLANA BEACH, CALIFORNIA, USA, January 31, 2017 /EINPresswire.com/ -- Any therapist who has been in practice for a long time becomes more and more eclectic over the course of their career. Each therapist develops their own unique assortment of tools they can utilize when it's appropriate to benefit their patient.

Psychotherapist Dr. Art Rosengarten is the founder of Moonlight Counseling, where he offers an eclectic integration of eastern and western psychology. As a psychologist in private practice for nearly 40 years, Dr. Rosengarten is a longtime practitioner and teacher of eastern, meditative approaches with a Jungian orientation as a psychotherapist.

"I'm a mystic living in modern times," laughs Dr. Rosengarten. "I've learned to keep my mysticism to myself for the most part, but my approach to psychotherapy is very much about understanding the deeper level of my patients' problems. I help my patients delve just a little bit deeper into their experience to access a deeper level of themselves. I think this approach is something all people can benefit from."



“

Eastern philosophy has long explored the deeper side of the human psyche. Much of this practice is best learned through the wisdom of the east.”

*Dr. Art Rosengarten*

A Buddhist practitioner, Dr. Rosengarten has studied eastern philosophy since he was a teenager.

“I have always blended an east and west approach,” says Dr. Rosengarten. “Eastern philosophy has long explored this deeper side of the human psyche. As a result, much of this practice is best learned from the wisdom of the east.”

While studying at the California Institute of Asian Studies, Dr. Rosengarten was first introduced to Tarot, playing cards commonly associated with fortune-telling. Dr. Rosengarten was more interested in exploring the Tarot cards from the perspective of a psychologist. He would go on to write the first doctoral dissertation on the Tarot, comparing it with dream analysis and projective storytelling.

“I saw immediately that these symbols could have incredible value in psychotherapy,” says Dr.

Rosengarten. "You have these rich, ambiguous images that are psychological in nature."

Today, Dr. Rosengarten is the author of several books on the Tarot, including *Tarot and Psychology: Spectrums of Possibility*, which has been in print for 16 years and is widely considered the classic in the field. The book speaks to people interested in alternative approaches to therapy dialogue.

"I've always been a very compassionate person," says Dr. Rosengarten. "It draws me to serve others, work with others, help others, and it feels right to do it in a deeper way. Being a therapist has always felt like a perfect occupation for me because it allows me to be creative and compassionate."

CUTV News Radio will feature Dr. Art Rosengarten in an interview with Jim Masters on February 2nd at 1pm and with Doug Llewelyn on February 9th at 1pm EST.

Listen to the show on [BlogTalkRadio](http://www.blogtalkradio.com/closeuptalkradio/2017/02/02/cutv-news-radio-spotlights-dr-art-rosengarten-of-moonlight-counseling). <http://www.blogtalkradio.com/closeuptalkradio/2017/02/02/cutv-news-radio-spotlights-dr-art-rosengarten-of-moonlight-counseling>

If you have a question for our guest, call (347) 996-3389.

For more information on Moonlight Counseling, visit <http://www.moonlightcounseling.com>

Lou Ceparano  
CUTV News  
(631) 850-3314  
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2017 IPD Group, Inc. All Right Reserved.

