

As wisdom springs from emotional health; the focus must shift from trying to understand, define and teach wisdom to creating emotional health.

RIDGEFIELD PARK, NEW JERSEY, UNITED STATES, March 15, 2017 /EINPresswire.com/ --The whole world is looking for answers to fix the ills of society. All

efforts are directed to changing minds through mind education; while

it is the emotional baggage of the brain that needs to be healed. The

time has come to focus on healing the brain.

Governments try to fix, manage and control the ills of society by

passing better and better laws based on carrots and sticks.

It is like passing a law to make a nitrogen producing machine to

produce oxygen; because what they do is they try to fix emotionally

challenged brains by passing laws.



There is a one step Solution to improving the economy, education,

crime, greed, corruption, rivalries, relationships, parenting, health,

<b>Figuring out wisdom should</b>	happiness etc. By introducing Brain Education and creating emotional health for the young and the old; the path to a Wise Society is not via Teaching Wisdom; it is through
be on the back burner &	creating
figuring out how to create emotionally healthy brains should be all the focus." Sajid Khan, We need to	Emotional Baggage Free Brains. Emotional Health is the Key to a Wise Society!
create a new profession of Brain Cleaners/Healers.	As wisdom springs from emotional health; the focus must shift from
	trying to understand, define and teach wisdom to creating
emotional	· · ·

## emotional

health. The following steps are needed to ensure wisdom/emotional-health:

1) Creating a compulsory program for training parents in nurturing healthy self-identity/emotional-intelligence/brain/mind/wisdom/emotional-health/self-image

in their young.

2) Create brain/mind/selfidentity/emotionalhealth/wisdom/emotional-intelligenceinspectors/coaches who must track and guide/coach the brain/mind/self-identity development from birth onwards till the infant enters school.

 Train teachers to detect and heal emotionally challenged self-identities of the young and the old students.

4) Create self-identity/wisdom/emotionalintelligence/self-image/happiness seminars for those older.

5) Create a whole new subject for all grade levels; that transforms brains and minds into super-emotional-health/wisdom.

6) Our leaders must use the bully pulpit to wake up America to the damage that we are doing to our future generations by raising them on the false belief that each one is the best. Each must be raised as Tiger Woods' dad raised Tiger. He did not tell Tiger that Tiger is the best; he made Tiger become the best. WHY WAIT FOR OLD AGE TO BECOME WISE GET RID OF YOUR WISDOM BLOCKING EMOTIONAL BAGGAGE NOW? GOOGLE: EMOTIONAL HEALTH APP



An emotionally healthy self-image is all one needs to become wise.

7) Just as learning each extra subject like math and science; even painting and learning to play music adds extra brain power to the brain, similarly learning computer coding/programming adds extra power to the brain. Computer programming must be added as a compulsory subject for PreK-12 and beyond.

8) We create emotional health in our girls as we bring them up humble. We bring up our boys macho. It is the machoness in our boys that generates emotionally challenged brains that leads to all these ills of society. No wonder our girls are better in most fields compared to our boys. We must create a Wise Parenting law that ensures bring up both our girls and boys as humble as possible.

9) People struggle to get rid of their emotional problems without knowing that these problems are due to emotional baggage in their brains. We must create a whole new profession of Brain Cleaners; who will heal the emotional baggage.

Our Leaders Must Wake up to the Fact that Mind Education is Built on the Foundation of Brain Education and Yet Brain Education is Ignored, Neglected and Above all the Brain is Miseducated.

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