

# CUTV News Empowered Woman of the Month Barbara Anne Rose Returns to CUTV News Radio

NEWARK, DELAWARE, USA, March 21, 2017  
/EINPresswire.com/ -- CUTV News today announced Barbara Anne Rose has been named its Empowered Woman of the Month for March. CUTV News Radio will feature Barbara in an interview with Doug Llewelyn on March 24th and March 31st at 2pm EDT.

Rose helps women, men, and couples gain a better understanding of how sexuality, sensuality and spirituality are all connected. According to Rose, taking the time to explore our sexuality and sensuality is a path to empowerment.

“Everything I do is focused on the mind, the body, the soul and Spirit,” says Rose. “I want to connect with you. Let me help you connect with yourself.”

Everyone is searching for the silver bullet, the one diet and exercise program that's going to fix everything.

It's no wonder people gain all the weight back and more: they're not addressing the fundamental issues deep inside us.

Rose has recently developed a revolutionary new workout program designed specifically for women. This workout program helps women empower themselves by deeply exploring the self. Exploring self before and during an exercise program, we will not only have a fit body, but a fit mind, a determined soul and a fresh pure Spirit.

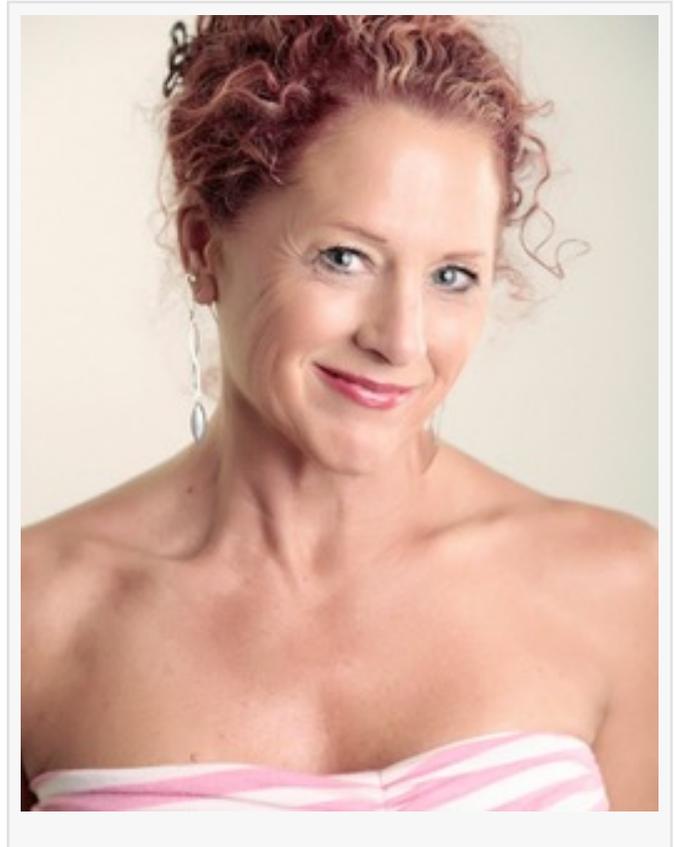
“

This is all about authenticity, reconnecting with who you really are and feeling yourself from the inside out.”

*Barbara Anne Rose*

able to look inside themselves to determine what's been holding them back.”

Everyone wants to have a great body and everyone wants to have better sex. When you tap into yourself and can feel your own body and your own energy moving inside you, the workout is orgasmic. It's making you stronger, more confident and more empowered.



“This is all about authenticity, reconnecting with who you really are, feeling yourself from the inside out,” says Rose. “I know there are companies out there willing to work with me and give this a try. My passion is my best resource.”

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Barbara Anne Rose, visit <http://www.TheSpaceBetweenTheThorns.com>

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