



Fitness Specialist Nykeisha Sanders Signs Publishing Deal With CelebrityPress® To Co-Author Mastering the Art of Success

Owner of KeepFit by Keisha teams up with entrepreneurs, including Best-Selling Author® Jack Canfield, releasing new book, Mastering the Art of Success.

FREEPORT, NEW YORK, UNITED STATES, April 11, 2017 /EINPresswire.com/ -- Freeport, NY – April 4, 2017 – Nykeisha Sanders specializes in helping her clients make positive changes in their lives through physical fitness. Recently, Sanders joined a select group of experts and professionals to co-write the forthcoming book titled Mastering the Art of Success. She signed a publishing deal to contribute her expertise to the new book, which features content from the world-renowned entrepreneur, professional speaker, and Best-Selling Author® Jack Canfield, originator of the Chicken Soup for the Soul® series. The book will be released under the CelebrityPress® LLC imprint, a leading business book publisher that publishes books from Thoughtleaders® around the world.

Mastering the Art of Success is tentatively scheduled for release in summer 2017.

A portion of the royalties earned from Mastering the Art of Success will be donated to Entrepreneur's International Foundation, a not-for-profit organization dedicated to creating awareness for charitable causes.

Sanders was selected to be in the book because of her commitment to professional success and willingness to share her vast knowledge. Her expertise in the fitness industry makes her an asset to the publication and will surely benefit a wide range of readers.

For more information about the upcoming release visit www.CelebrityPressPublishing.com.

About Nykeisha Sanders:

Keeping fit and healthy is Nykeisha's passion! She is a highly motivated individual with the drive and dedication to help others who want to live a healthy lifestyle. Feeling great about herself inside and out pushes her each and everyday to do what she loves most. She is here to share her journey in hopes to inspire every male and female. She has a lot to offer and to share.

Nykeisha is a Certified Personal Fitness Trainer, [Online Fitness Coach](#), Nutritional Advisor, and Amateur Boxer receiving her certification through Academy of Applied Personal Training Exercise (AAPTE). She also has her Bachelors degree in Public Health. Her training types include cardiovascular exercises, calisthenics, high-intensity training, strength conditioning and boxing training. Nykeisha trains herself to become an example to all her followers, friends and family, which will guide them to their goals. It's more than just being physically fit; it's about being healthy on the inside and out. She enjoys helping people in making a positive change within their life. Her energy and enthusiasm motivates and inspires people to become a better person each day forward. Her desire is to influence as many people possible all over the world and push them to be the best they can be.

Nykeisha remembers while working as a trainer at the gym, she came across a few encounters of some male clients not wanting to work with her because she was a female trainer. Quickly, she realized in this world we live in it's harder for women in most positions to achieve success just by being a woman. While some people believe females are not capable of doing a job just as well as a man could, Nykeisha has proven to people that she is just as great as any other male or female as a professional fitness trainer. She is committed, hard working, and a high achiever, setting herself to a high standard to show she is the real deal.

When she's not training clients Nykeisha enjoys spending time with her family. She loves to travel and take as many adventure trips as she can. She enjoys meeting like-minded people when networking and connecting at social gathering and events, which she does pretty often. She spends a lot of quality time with herself reading whether it's educational or recreational books. She likes to keep her mind busy and to strive to learn something new everyday.

Throughout her coaching program there are many ways to be educated on living a healthy life. Being a strong and healthy female conveys inspiration in others. No matter your age, gender, or health status there is always a way to look and feel healthy. All you have to do is make that commitment and reach your goal.

You can connect with Nykeisha at:
Website: <https://keepfitbykeisha.com>
Email: nykeishasanders@gmail.com
Facebook: [fb.com/keepfitbykeisha](https://www.facebook.com/keepfitbykeisha)
LinkedIn: Nykeisha Sanders

About CelebrityPress® LLC:

CelebrityPress® LLC is a leading business book publisher that publishes books from Thoughtleaders® around the world. CelebrityPress® LLC specializes in business anthologies, among various other types of titles, and has published books alongside Jack Canfield, Brian Tracy, Dan Kennedy, Dr. Ivan Misner, Robert Allen, Michael Gerber, Tom Hopkins, and many of the biggest experts across diverse fields. CelebrityPress® LLC focuses on helping its authors grow their businesses and their personal brands through book publishing; the organization has successfully helped launch thousands of best-selling authors® to date.

Nykeisha Sandes
KeepFit by Keisha
516 3597513
[email us here](#)

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2017 IPD Group, Inc. All Right Reserved.