

# Wellness & MS-Accredited Series from Consortium of Multiple Sclerosis Centers & National Multiple Sclerosis Society

*New On-Demand Learning Programs for Healthcare Professionals on Effective Wellness and Lifestyle Strategies for Patients*

HACKENSACK, NEW YORK, USA, April 21, 2017 /EINPresswire.com/ -- The [Consortium of Multiple Sclerosis Centers](#) (CMSC) and the National Multiple Sclerosis Society have partnered with NPA to develop a library of CME-accredited webinar programs for healthcare professionals on [Wellness & MS](#). Participants in this continuing education program will receive evidence-based information and practical guidance to engage in early and ongoing conversations with their patients that support effective wellness and lifestyle strategies.



“The collaboration with the Consortium of MS Centers has been a wonderful opportunity to combine the strengths of both organizations to provide health care professionals with the most up to date information on wellness and lifestyle. People with MS are more and more interested in learning about the impact of lifestyle and health behaviors on their MS.

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*Kathleen Costello, National MS Society*

These webinars help the clinician to share evidence-based recommendations and work collaboratively with their patients to optimize health and quality of life”, commented Kathleen Costello MS, ANP-BC, Associate Vice President Healthcare Access with the National MS Society.

The Wellness & MS faculty includes internationally known neurologists, researchers and psychologists. The topics and presenters in Wellness & MS are:

- Complementary and Alternative Medicine in MS: Allen Bowling, MD
- Dietary Interventions for Wellness: Ellen Mowry, MD
- Mood Changes in MS and Wellness Interventions: Dawn Ehde, PhD
- Exercise and MS: Brian Sandroff, PhD
- Lifestyle Factors and MS: Bryan Walker, PA
- Comorbidities and MS: Aaron Miller, MD

“We are proud to have partnered with the National MS Society to create this learning experience that will provide clinicians with this important information, resources and tools that they can share with their patients to benefit their well-being beyond pharmaceutical therapies,” said June Halper, CEO of Consortium of Multiple Sclerosis Centers (CMSC).

The Wellness & MS library offers free continuing education credit for physicians and nurses. In order

to successfully complete this continuing education activity, the participant must register for the activity, view the educational session, and complete the Evaluation and Claim for Credit forms. To access these free webinars on-demand visit: [www.mswellnesswebinars.com](http://www.mswellnesswebinars.com).

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#### ABOUT THE NATIONAL MULTIPLE SCLEROSIS SOCIETY

The National Multiple Sclerosis Society mobilizes people and resources so that everyone affected by multiple sclerosis can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.

To fulfill this mission, the Society funds cutting-edge research, drives change through advocacy, facilitates professional education, collaborates with MS organizations around the world, and provides services designed to help people with MS and their families move their lives forward. Last year alone, through our comprehensive nationwide network, the Society devoted \$122.2 million to help more than one million individuals connect to the people, information and resources they need. To move closer to a world free of MS, the Society also invested \$54 million to support more than 380 new and ongoing research projects around the world. Learn more about the National MS Society at [nationalMSSociety.org](http://nationalMSSociety.org) or 1-800-344-4867.

#### ABOUT THE CONSORTIUM OF MULTIPLE SCLEROSIS CENTERS (CMSC)

CMSC, the Consortium of Multiple Sclerosis Centers, is the leading educational, training, and networking organization for MS healthcare professionals and researchers. The CMSC mission is to promote high quality MS care through educational programming and accreditation including live and online events, research grants, technical journals and papers, and targeted advocacy efforts. The CMSC member network includes more than 11,000 international healthcare clinicians and scientists committed to MS care as well as more than 60 Veterans Administration MS Programs and 225 MS Centers in the US, Canada, and Europe. The 31st CMSC Annual Meeting, the largest gathering of MS professionals in North America, will take place May 24-27, in New Orleans, LA. For more information visit: [www.mscares.org](http://www.mscares.org). Follow CMSC on Twitter: @mscares.org and Facebook: CMSCmscares.

Annie Scully  
Consortium of Multiple Sclerosis Centers  
201-310-9252  
email us here

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