



A New Immersive Dance Workout Experience

Completely Unique Benefit Event from Nonprofit Food Tank

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A limited number of press passes available upon request.

Garjana, a brand new dance cardio party concept from the sustainable food nonprofit organization Food Tank, is bringing together hundreds of New Yorkers on April 26 at 6:00PM at the Highline Ballroom (431 W 16th St, New York, NY 10011). Five Broadway performers will lead attendees in easy-to-pick-up and fresh-looking synchronized dance moves using innovative props like glow in the dark drum sticks that are all set to original music, staged in the round, and fully immersed in visuals specially created for the event.

The charity event features an A-list of talent. The music is completely original, written and produced by Douglas Romanow (a Toronto-based producer who has worked with hundreds of major artists including Justin Bieber and Tyga). Visuals and video are by award-winning film and television director Kevin Arbouet. Choreography is by Monica Kapoor, a dance-fitness instructor based in NYC. Her performing credits include a seven-year stint in Mamma Mia on Broadway, as well as Bombay Dreams, NBC's Smash, and more. Additional percussion sequence created by musician-songwriter, Athena Hiotis, owner of PopRiot Music Group.

In addition to the cardio dance party, participants will see short dance performances by Broadway Bodies, PMT Dance Studio, Liberated Movement and Fit4Dance along with a musical performance from New Orleans style Jambalaya Brass Band.

Event partners include: the New York City Food Policy Center, the James Beard Foundation, Edible Manhattan, Edible East End, Edible Brooklyn, Edible Bronx, Edible Queens, GrowNYC, WhyHunger, Rescuing Leftover Cuisine, Bronx Green Machine, Glynwood, Global Green, Change Food, Food-X, Food Future, Wellness in the Schools (WITS), NYC Bollywood Funk, AKT, Body Conceptions, Broadway Bodies, Dance Cardio Plus, Cultured Movement, PMT Dance Studio, Liberated Movement, Fit4Dance, Jambalaya Brass Band, Where NYC, Stumptown Coffee, Beanitos, Go Raw, GT's Kombucha, Gluten Free Bites, Purely Elizabeth, Gotham Greens, Rhythm Superfoods, Stonyfield, Icelandic Glacial, KIND Snacks, 88 Acres, and Harmless Harvest.

Participants are encouraged to "dress to sweat" and can purchase tickets (\$40 requested donation) at Garjana.com. Doors open at 5:30PM. The event begins promptly at 6:00PM and will run roughly for one and a half hours.

Following the event, participants can nosh and hydrate with a tasting of some of the hottest local brands in the New York City food scene. Rescuing Leftover Cuisine will be doing all food recovery for the event.

Food Tank, one of the fastest growing food advocacy organizations worldwide, will use the profits from this event to promote efforts in New York City to reduce and/or eliminate food waste including towards scholarships for the organization's upcoming NYC Food Tank Summit Event on September 13 at the

Greene Space.

About Food Tank: Food Tank (FoodTank.com) is focused on building a global community for safe, healthy, nourished eaters. We spotlight environmentally, socially, and economically sustainable ways of alleviating hunger, obesity, and poverty. Food Tank creates networks of people, organizations, and content that push for food system change.

Tickets: <https://www.eventbrite.com/e/garjana-a-new-dance-party-happy-hour-workout-movement-tickets-32140689668>

WHO: Garjana: A New Dance Workout Movement

WHAT: One hour of interactive dancing (cardio-fitness) led by performers

WHEN: Wednesday, April 26, 2017 from 6:00PM (SHARP) to 7:30PM

WHERE: Highline Ballroom (431 W 16th St, New York, NY 10011)

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Bernard Pollack

Garjana

312-843-8612

email us here

This press release can be viewed online at: <http://www.einpresswire.com>

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