

## Triumph Krav Maga Announces Grand Opening in Metairie

NEW ORLEANS - Triumph Krav Maga will conduct Grand Opening weekend at their second location from Friday, May 19th - Sunday, May 21st, 2017, 9a.m. -9p.m.

NEW ORLEANS, LOUISIANA, UNITED STATES, May 16, 2017 /EINPresswire.com/ -- Metairie, LA – May 2017 – <u>Triumph Krav Maga</u> is pleased to announce the <u>Grand Opening</u> of its new Metairie fitness and self-defense facility targeted at helping the men, women and youth of the Metairie area to get in shape and go home safe.

"I am pleased to announce the Grand Opening of our new Triumph Krav Maga facility," said Vinay Chary, owner and Head Instructor at Triumph Krav Maga. "We have been working diligently on creating a service that truly helps people get the results they are seeking."

Triumph Krav Maga Metairie is managed and run by a group of fitness and self-

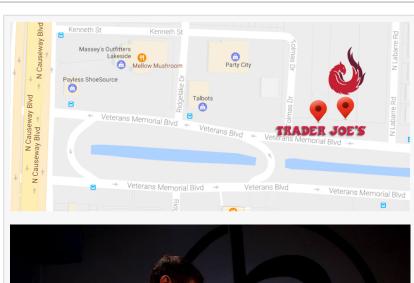
defense professionals with backgrounds in exercise programming and self-defense technique for all body types. Their services include helping men, women and youth with weight loss programs, group exercise and Krav Maga <u>classes</u>, private training or just a place to have fun while hanging out with others sharing common goals.



Get in shape. Go home safe." Krav Maga Worldwide "Losing weight and getting back into shape can be overwhelming in the busy lives of many people. They put their trust in Triumph Krav Maga to help them get the quickest results in the shortest time possible," said Chary. "Our goal is

to help our members get the results they are looking for and have fun in the process. It's been a labor of love, knowing that we will be able to change so many lives."

The first full day of classes will be Monday, May 22nd, 2017.





Triumph Krav Maga was founded to help men, women and youth get the self-defense and fitness results they are looking for in a high energy, fun environment. Triumph Krav Maga is a privately held small business based in New Orleans, Louisiana, and serving clients throughout Hammond, Ponchatoula, Covington, Mandeville, Kenner, Chalmette, Slidell, and LaPlace. For more information on Triumph Krav Maga, please visit <a href="http://www.triumphkravmaga.com">http://www.triumphkravmaga.com</a> or call (504)324-5705.



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