

Calgary's Heart Health Clinic Opens in New Location for a New Heart Treatment Machine

Heart Fit Clinic, Calgary's cardiac rehabilitation and heart attack and stroke prevention clinic opens in a new location to accommodate another heart treatment.

CALGARY, ALBERTA, CANADA, May 25, 2017 /EINPresswire.com/ -- Heart disease continues to be the leading cause of death of men and women. Family physicians are limited with options to predict cardiovascular risks and with cardiologists depending on heart medications and heart surgery just to delay progression of disease, we are still having adverse clinical outcomes.



The Heart Fit Clinic has been helping the people of Calgary and surrounding area since 2007 prevent and reverse heart disease. The Heart Fit Clinic opened up a new clinic in South Calgary so they can operate another heart disease treatment machine that grows new arteries and improves heart



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function called <u>External Counterpulsation</u> (ECP / EECP). "Patients with stable heart disease, ECP is a great treatment that improves heart health, through the process of angiogenesis (growing new arteries)" says clinic director, Diamond Fernandes.

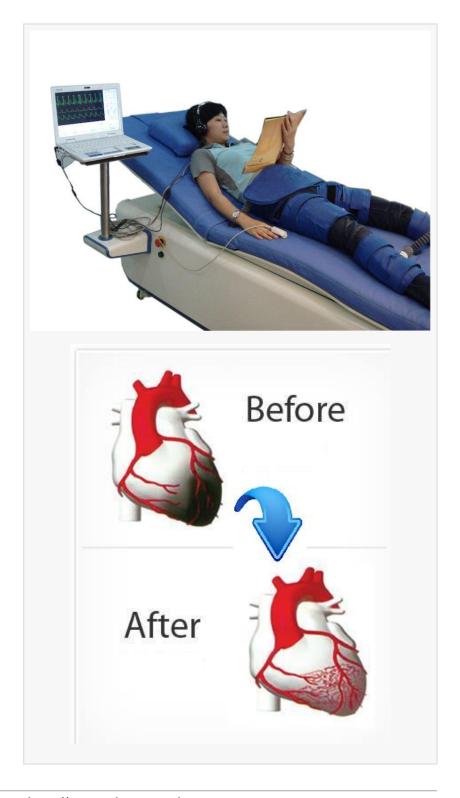
External Counterpulsation Therapy is a treatment option for patients with angina, coronary artery disease and heart failure. External Counterpulsation is a treatment where patients lie on a bed with cuffs around the calves, thighs, and buttocks. They sequentially inflate and deflate according to

patients' cardiac cycle. This continuous pumping action increases the pressure load back to the heart, which decreases the workload of the heart, grows new arteries, improves blood flow and heart function.

The Heart Fit Clinic is now open on Southport Road Southwest Calgary for patients wanting to understand and treat their risk of heart disease with heart assessments and evidence-based treatments not found at doctors' office.

The Heart Fit Clinic offers the best service for helping people naturally treat heart disease with lifestyle modification strategies and External Counterpulsation therapy. Because heart disease is the number one cause of death for men and women, the clinic has brought on the most accurate screening tests for detecting your risk of a heart attack or stroke.

Diamond Fernandes Heart Fit Clinic (403) 870-4348 email us here



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