

Finding Safe and Natural Relief From Menopause: CUTV News Radio Spotlights Dr. Victoria Mondloch

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/EINPresswire.com/ -- Do hot flashes, mood swings, headaches, fatigue, reduced libido and other symptoms of menopause keep you from living a full and happy life? Dr. Victoria Mondloch is a distinguished expert in bioidentical hormone replacement and her mission is to help you live a healthier, more vibrant life.

Dr. Mondloch's natural approach to women's health is driven by personal experience and the success of her patients.

"Women need to know there is a safe way to find relief from hormonal imbalances," she says. "I have a patient in her 70's who had been seeing a dozen doctors and was virtually homebound. We began bioidentical hormone replacement therapy and everything changed. When she told me she was training for her first half-marathon, I was thrilled."

Dr. Mondloch believes more women would be living life to the fullest if they understood the efficacy of natural hormone replacement. "There is a big difference between the taking bioidentical hormones I prescribe and certain synthetically derived hormones that have raised red flags." She goes on to explain, "Bioidentical hormones act in your body just like hormones you produce. Recent studies in the United States and Europe document their safety and remarkable benefits including symptom relief and longevity."



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Dr. Mondloch, a licensed OBGYN, has taken care of women and families for 26 years. After facing her own health crisis, she left an eight-physician OBGYN practice, of which she was President, to pursue what she describes as wellness medicine. Wild hormone swings sent parts of her life into a tailspin at a time when research into menopause was a barren frontier. "I didn't have the answers and neither did other top gynecologists I turned to," Mondloch says.

"I was determined to change that paradigm not just for myself but for my patients as well."

The experience was also humbling. Dr. Mondloch began asking herself bigger questions about the way medicine was practiced. Why were so many common conditions treated with strong drugs and surgeries? The answers led Dr. Mondloch to where she is today. The focus of her current practice is using bioidentical hormones to return patients to age-appropriate hormone levels, whether they are of childbearing years or in menopause.

Patients seek her counsel from across the country. "I meet patients who feel their voice has not been heard," she says. "It's very powerful when patients feel understood and resolve health issues that have held them back. It's why I do what I do."

CUTV News Radio will feature Dr. Victoria Mondloch in an interview with Doug Llewelyn on June 6th and with Jim Masters on June 13th at 5pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for Dr. Mondloch, call (347) 996-3389.

For more information on Dr. Victoria Mondloch, visit <http://www.victoriamondlochmdsc.com>

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