

TV Show - Beyond My Crisis with Ron & Vivian airs Mondays 6:30pm, Wednesdays 9:00am

We interview Saskia Winkler, an international life coach and mentor, who now helps clients around the world overcome their fears and mental blocks.

PRINCETON, NEW JERSEY, USA, August 23, 2017 /EINPresswire.com/ -- Princeton, New Jersey - [Saskia Winkler](#), formerly a CEO in Germany, is an international life coach and mentor who now helps clients around the world overcome their fears and mental blocks so that they can become their true selves. On Beyond My Crisis with Ron and Vivian, the duo are joined by Ms. Winkler, who has taken her time to come all the way from Germany to talk with Vivian and Ron.



Saskia Winkler with Hosts, Ron Rosnick & Vivian Gaspar

In the episode, Winkler discusses avoiding betrayal, keeping and losing friends and other loved ones, and business. She discusses how she left her old life behind her to find her true calling, and how she cut off unbalanced and unhealthy friendships in order to grow as a person. What does she impress most upon the viewer? Her confidence in herself is palpable and inspiring. She focuses on the importance of being oneself over anything else. One must not let their fear of being alone stop them from doing what one loves. Winkler succinctly states, “Fear is okay to have, but find something more important than the fear.”

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Saskia Winkler

Being true to oneself in the business world is also discussed, whether you are an employer, an employee, or a potential employee. “If you don’t feel as if you are in a powerful position... that could cause you to not act appropriately in

business and you won’t get the same results,” said Vivian in response to Winkler.

“Beyond My Crisis with Ron & Vivian” brings real people and experts together to help our audience learn the most effective actions to resolve a variety of crises. Engaging and authentic conversations are facilitated by co-hosts, Ron Rosnick & [Vivian Gaspar](#) who interview guest experts from around the U.S. and the world. Award nominees, Ron & Vivian make serious and heart-felt conversations palatable while educating viewers on solutions to living and loving life after tackling a crisis. Beyond My Crisis with Ron & Vivian airs Mondays 6:30pm, Wednesdays 9:00am Company Contact Information

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“Beyond My Crisis With Ron and Vivian” will air Mondays @ 6:30pm & Wednesdays @ 9am available from Verizon FiOS, Comcast Xfinity and www.PrincetonTV.org www.StopMyCrisis.com

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Stop My Crisis With Vivian Gaspar

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