

Academy Laser Clinics Supports Women's Health Week 2017

Women's Health Week Issues And Leading Australian Clinics Offering Support Around The Country

SYDNEY, NSW, AUSTRALIA, September 1, 2017 /EINPresswire.com/ -- Academy Laser Clinics is pleased to support Women's Health Week, which is running from Monday 4th to Friday 8th September 2017. Events are being held around the country, offering women practical tips, resources, tools and motivating video and health advice from experts.

The theme of the week centres around women putting themselves first – two of the biggest obstacles for women not focusing on maintaining a healthy lifestyle are a lack of time and health not being a priority. Women's Health Week aims to combat this by encouraging women to put time aside to take care of themselves, starting for just one week. This is increasingly important as women lead busier and busier lives. If you really want to be able to take care of the lives of those around you, then it's important to start by taking care of yourself.

Each day of the week will have a specific theme: Monday, Heart Health; Tuesday Mindfulness; Wednesday Bone Health; Thursday, Physical Activity; and Friday Sleep and Fatigue. The week is organised by Jean Hailes for Women's Health – Australia's leading not-for-profit organisation dedicated to improving women's health and has been running since 2013. This year, both online and on the ground, Women's Health Week will be supporting women to make positive changes that can last a lifetime.

In support of the week, Dr Christine Cheong of Academy Laser Clinics in Subiaco and Dr Stephanie Hyams of Academy Laser Clinics Sydney invite women to address the elephant in the room – vaginal aging and sexual intimacy!

The MonaLisa Touch laser treatments offered by Academy Laser Clinic is a non-hormonal, non-surgical treatment restoring vaginal youth and comfort. Dr Christine Cheong states: "research indicates that almost 50% of all women will suffer from the effects of vaginal atrophy (or aging) during their lifetime, especially post-menopause when estrogen levels drop, yet less than half of those affected will seek medical advice"

During Women's Health Week, Academy Laser Clinic encourages women to ask questions to discover what treatments are available to overcome vaginal pain and discomfort. Medical science has



seen revolutionary developments over recent years and many symptoms can now be resolved quickly and effectively without the need for surgery or hormone treatments. Symptoms that can be treated include:

- Vaginal dryness, burning or itch;
- Thin or fragile tissue that tears easily;
- Pain during intercourse;
- Urinary incontinence;
- Lichen Sclerosis;
- Urinary infections or thrush;
- Lost muscle tone; and
- Reduced sexual sensitivity

MonaLisa Touch is a ten-minute laser treatment that is highly effective in treating many of these symptoms, both internally and externally. Using specially designed equipment, thousands of tiny beams of heat energy can be directed into the vaginal wall and vulva skin, without any discomfort or downtime at all.

The delivery of heat triggers a healing process of both the vaginal surface and connective tissue stimulating the proliferation of new cells, elastin and collagen. This natural regeneration of tissue leads to stronger and more elastic vaginal skin, improved blood supply, better bladder support, normal pH levels and increased lubrication. By restoring a healthier and more youthful vagina, many of the symptoms of vaginal atrophy will simply disappear.

In addition to MonaLisa Touch, other tissue regenerative treatments such as Platelet Rich Plasma (PRP) injections can improve the health, strength and sensitivity of vaginal organs. PRP and MonaLisa Touch are often combined for optimal improvement in vaginal atrophy and urinary incontinence symptoms.

Academy Laser Clinics specialize in non-surgical medical solutions to resolve a range of intimate symptoms for women. These treatments are non-hormonal, minimally invasive and require no downtime, offering practical solutions for busy women who want to take care of their personal health without complication or inconvenience.

During Women's Health week, Academy Laser Clinics are providing bulk-billed Consultations and special MonaLisa Touch Package deals to ladies who want to say goodbye to these uncomfortable intimate symptoms.

For more information, please contact our Client Coordinators in Sydney on (02) 9439 9293 or Perth on (08) 9382 4800 or email enquiries@academylc.com or visit <https://www.academylaserclinics.com.au> Our visit our other clinics pioneered by Dr Jayson Oates <http://www.academyfaceandbody.com.au/> and <https://www.calibreclinic.com.au/>

Join Academy Laser Clinics and let Women's Health Week 2017 be the kick start to addressing that elephant in the room; lets start talking about and finding solutions to your health issues. Last year 23,000 women took part in Women's Health Week, join them this year to take the first steps towards a better you.

Dr Jayson Oates
email us here
Academy Laser Clinics
(02) 9439 9293

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2017 IPD Group, Inc. All Right Reserved.