

Inaugural CO 5K Run/Walk to Fight Lymphedema & Lymphatic Diseases kicks off on September 10

Sloan Lake, Denver, will be the site of the first-ever LE&RN #LymphWalk in Colorado

NEW YORK, NY, USA, September 1, 2017 /EINPresswire.com/ -- Hundreds of participants are expected at the first-ever Colorado 5K Run/Walk to Fight Lymphedema & Lymphatic Diseases at Sloan Lake in Denver on September 10. Registration opens at 8am, with the event beginning at 9am. Like other #LymphWalks around the country, the event seeks to raise awareness and funding for lymphedema (LE) and lymphatic diseases (LD) education, research, and advocacy. The 2017 Colorado Run/Walk is sponsored by the Lymphatic Education & Research Network ([LE&RN](#)) and by the Colorado Chapter of LE&RN, Co-Chaired by Marie Apodaca and Angela Marquez.

Before participants begin the 5K course, Dr. Lily Daniali (plastic surgeon specializing in lymphedema at Swedish Medical Center in Englewood, CO) and Guenter Klose (Founder of Klose Training & Consulting, LLC, therapist training center) will address patients, caregivers, health care providers, and activists. Two awards

will be presented: one to Vicki Ralph, Senior Occupational Therapist at UCHealth, and one to Lance Wheeland, Chief of Staff to CO Senator Irene Aguilar. Both awardees have been instrumental in raising lymphedema awareness and active in the 2017 effort to recognize World Lymphedema Day in the State of Colorado.

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Angela Marquez, LE&RN Colorado Chapter co-Chair

“One of the goals of this inaugural Run/Walk is to give ‘lymphies’ a sense of community, while raising broader public awareness of lymphedema (LE), lipedema, and other lymphatic diseases (LD),” said Chapter co-Chair Marie Apodaca. “We hope that patients will learn about resources in Colorado.”

“A year ago I was diagnosed with LE,” added Chapter co-Chair Angela Marquez, “And now I am hosting Colorado’s Inaugural Run/Walk for LE&RN. LE&RN has given me a platform to bring LE and LD awareness to my home state. I am also thrilled that my niece, Grace Hernandez will perform the



Angela Marquez and Marie Apodaca, co-Chairs, LE&RN CO Chapter

National Anthem at the Walk. She and her family are travelling to Colorado from Kansas City for the event.”

LE&RN thanks National Series sponsors BSN medical (Premier National Sponsor), Tactile Medical (Presenting Sponsor), BioCompression Systems, Juzo, ImpediMed/L-Dex, Eiger BioPharmaceuticals, Sigvaris, MediUSA, Herantis Pharma, LymphEDIVAS, and Lympha Press. Local sponsors and supporters include UC Health, Klose Training, Performance Ready, Wear Ease, Comcast Xfinity, Bella Stone Creations, Huntington Properties, El Paso Floor Covering, Costco, King Soopers, Walmart, Madison & Company Properties, Starbucks, General Mills, Inc., Alamo Draffhouse, Orange Theory Fitness Highlands Ranch, Orange Theory Fitness Highlands, Denver, and Sam’s #3 Diner. LE&RN also recognizes the contributions of FitLo Denver, Jenna Woolam, U.S. Olympic Training Center, Colorado Springs, CO, Tingle Flooring, Inner Circle Foundation, Shea Homes, CCD Interiors, DJ Drake Entertainment, volunteers, family, and friends.



Marie Apodaca finish line California 2016

To register, join a team, form a team, support a team, or become a Virtual Walker, just visit LymphWalk.org and chose the Colorado Run/Walk. The registration fee is \$25 for adults; \$20 for students.

About LE&RN

Founded in 1998, the Lymphatic Education & Research Network (formerly LRF) is a 501(c)(3) not-for profit organization whose mission is to fight lymphatic disease and lymphedema through education, research and advocacy. LE&RN provides valuable education resources for the millions of people who suffer from lymphedema and lymphatic disease. LE&RN fosters and supports research that can deepen the medical community's understanding of the lymphatic system. For more information about lymphatic disease or the Lymphatic Education & Research Network, please visit www.LymphaticNetwork.org or call (516) 625-9675.

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