

# Author Shares Reflection on Faith and Self-Discovery

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ORLANDO, FL, UNITED STATES, September 8, 2017 /EINPresswire.com/ -- Florida-based author [Lois E. Lund](#) recounts her journey, faith and writes about stories that matter in her book, "[Faith in Action](#)". The book is an account of the author's struggles, and a diary of her friend's lives.

The book is a pocket of treasure stories written as a touching tribute to friends and family whose stories need to be told to the world. Lund points out that faith and devotion to God can impact the lives of people.

To face her heartbreaks, struggles, and fears, she viewed her challenges to stories and tells it in an amusing way where every page is relatable to her readers.

The book teaches readers to become better versions of themselves and find solace in her stories that will draw inspiration and bring hope as well. "Faith in Action", is loaded with Biblical allusions as it echoes her personal struggle with faith.

#### About the Author:

Lois Lund has a passion for entertaining young children with rhyming poetry and stories that encourage reading and imaginative play.

From baby chicks as yellow as butter, to a froggie who can leap, Lund leads youngsters through a variety of catchy poems and true tales that reflect on things children love, encourage a good work ethic at home and at school, honor God, and teach about times gone by. In this colorful collection of poetry and stories, children learn that life is always more fun when they focus on faith, love, and happiness.

Lois Lund grew up in a small town in Indiana, earned an Associate's degree in Arts from Valencia Community College, and served in the United States Navy. She and her husband have a daughter and live in Orlando, Florida, where she enjoys playing the trumpet in church.

#### Product details:

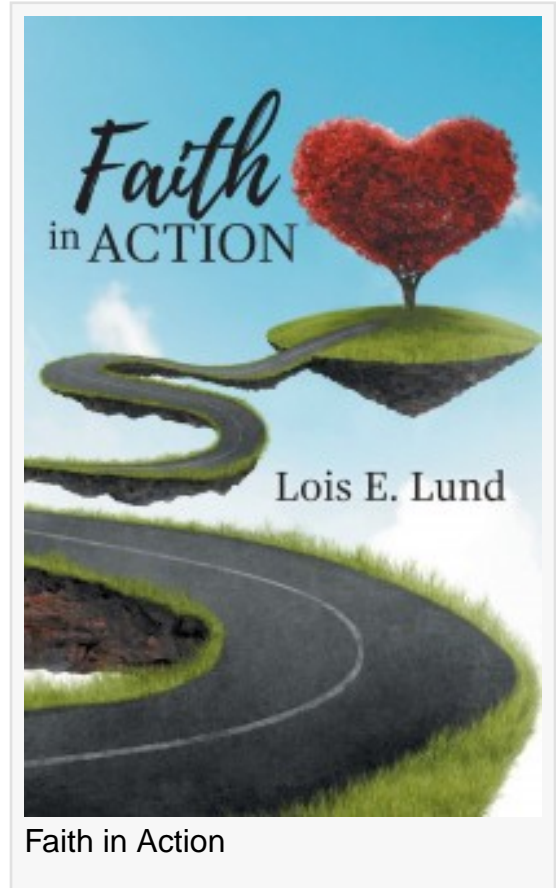
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