

# GroomX starts their next workshop on Public Speaking & Presentation Skills

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BANGALORE, KARNATAKA, INDIA, September 12, 2017 /EINPresswire.com/ -- GroomX starts their next workshop on [Public Speaking & Presentation Skills](#).

GroomX Finishing Academy is known for its softskills training programs across India. They are based in Bangalore and GroomX conducts training and workshop events all over India.

Presentation and Public Speaking Skills are “learnt” skills – by working on these skills, the quiet and shy person can learn to present with confidence and eventually “Find their voice”. Whether we're talking in a team meeting or presenting in front of an audience, we all have to speak in public from time to time.

We can do this well or we can do this poorly, and the outcome strongly affects the way that people think about us. This is why Public Speaking & Presentation Skills causes so much anxiety and concern.

The good news is that, with thorough preparation and practice, you can overcome your nervousness and perform exceptionally well. Even if you don't need to make regular presentations in front of a group, there are plenty of situations where good public speaking skills can help you advance your career and create opportunities.

In short, being a good public speaker can enhance your reputation, boost your self-confidence, and open up countless opportunities.

## Course Outline

### Phase 01 :

Understand the dynamics of Public Speaking & Presentation Skills.

Overcoming Nervousness.

Preparing Mentally & Physical relaxation techniques.

Learn how to research an audience.

Know how to prepare for a speech & Find out how to rehearse.

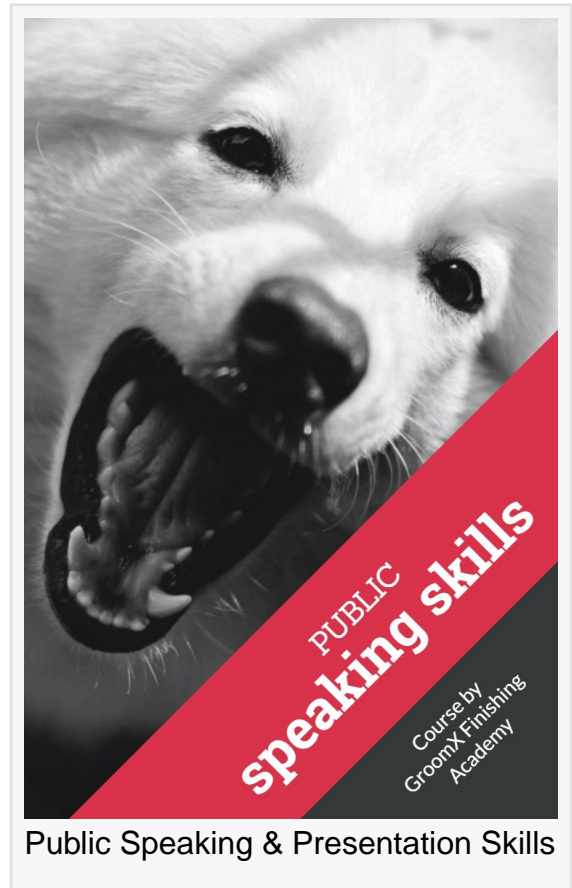
### Phase 02 :

Know how to prepare for questions and answers.

Maximise your speaking opportunities.

Adding a Plan B.

Appearing confident in front of the crowd.



Starting off on the right foot.  
Using visual aids.  
Checking the volume of your voice.  
Reviewing, Editing and Rewriting.  
Listing the actions you took.  
Identifying key questions and concerns.  
Performing a needs analysis.

Phase 03 :

Have practiced voice and microphone technique.  
Have discussed the pros and cons of humour.  
Understand the importance of room layout and stage management.  
Creating Fantastic Flip Charts.  
Choosing your Delivery Methods : Basic methods | Advanced methods | Basic criteria to consider.  
Creating Compelling PowerPoint Presentations : Required tools | Tips and tricks | Creating a 'Plan B'.  
WOW your Audience with the Whiteboard : Traditional and electronic whiteboards | Required tools |  
Using colours appropriately.  
Non-Verbal Communication Skills :  
Body Language Skills.  
The signals you send to others.  
It's not WHAT you say, It's HOW you say it.

Info  
This is a 121 training session. 1 Trainer 1 Student session.  
Presenting the presentation and practise session will be delivered in front of a crowd.  
Methodology of the session, combination of : Role play | Activities | Games | Case Studies & PPT's |  
Audio & Video clips | Mockup segment etc.  
Session can take place on : Everyday basis | Alternate day | Weekly thrice | Weekend basis, as per  
the availability of the participant.

Conclusion

People have many reasons for engaging in public speaking, but the skills necessary for public speaking are applicable whether someone is speaking for informative, persuasive, or entertainment reasons.

Taking a public speaking class will improve your speaking skills, help you be a more critical thinker, fine-tune your verbal and nonverbal communication skills, and help you overcome public speaking anxiety.

Effective public speaking skills have many direct benefits for the individual speaker, including influencing the world around you, developing leadership skills, and becoming a go-to person for ideas and solutions.

Tip: Remember that not all occasions when you need to speak in public will be scheduled. You can make good im-prompt speeches by having ideas and mini-speeches pre-prepared. It also helps to have a good, thorough understanding of what's going on in your organization and industry.

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