

Local Business – My Guide to Insight, To Host Spiritual and Belly Dance Festival

Deanna Shanti, a local business woman who's company offers spiritual insight and healing services, has announced that she will be hosting The Insight Fest.

BAKERSFIELD, CA, UNITED STATES, September 14, 2017 /EINPresswire.com/ -- The Insight Fest is a spiritual and belly dance festival that will offer multiple workshops for people looking to improve their spiritual well-being as well as many fun and mesmerizing belly dance performances.

The festival will be held on September 30, 2017 at 400 Norris Road in Bakersfield, California. Event tickets are selling for \$15, with psychic readings being offered for \$20 for a 15-minute reading. In addition, attendees will enjoy belly dance performances, food, and a variety of items from spiritually-minded vendors.

For an additional \$10, ticket holders can upgrade to an all-access pass that will provide access to all the speakers and workshops being held during the day as well as a complimentary meal with vegetarian options. The event begins at 10 AM and runs until 9 PM.

Tapping in to Magic and Miracles: The Astounding Importance of Putting Yourself First with Sandra Anne Daly is one of the workshops being held at the event, the workshop will provide the one action anyone can take at any moment to transform the world around them. They'll also be taught how to transform struggle into a path that leads to miracles and why loving yourself first is crucial.

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This will be an amazing opportunity for the Central Valley to come together for inspiration, fun and insight!”

Deanna Shanti

Crystal Ravenwolf, a tarot reader, author, and professional belly dancer will be on hand to teach people The ABC's of Improv in Belly Dance. She will be teaching attendees how to take their improv skills to the next level with fun exercises that will promote creativity, musicality and confidence. Her workshop will help take the fear out of performing improv and instead help you have fun with it.

Also on the agenda is Why Moving Away from Joy is the Key to It. Taught by Deborah Acker, the author and radio host will teach people why many of the approaches to finding happiness have a key flaw, and how one can discover the root cause of what blocks them from change. She will also cover how we can handle any challenge we face by owning our past so we can achieve true freedom. This workshop will conclude with an energy clearing that will leave attendees with positive energy and openness to their truth.



The ABC's of Belly Dance Improv

Also happening during the event are a variety of psychic readings. Card readings will be available with Anna Romero, Lady Luna, and Melissa Jo. Romero will focus on oracle cards, Lady Luna will be using Tarot Cards, while Melissa Jo will be using Angel cards. Clairvoyant and Psychic Medium readings will be provided by Jarrett, as well as Debby Shaw, Irene Skau, and Katrina-Jane.

Food available at the event will include barbecue from Georgia Boy BBQ and vegetarian plates from Tacos Lopez.

To learn more about My Guide to Insight, the workshops, or the readers, please visit either www.MyGuideToInsight.com or www.TheInsightFest.com or the Facebook event page <https://www.facebook.com/events/585936934863444> .

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Tapping in to Magic and Miracles: The Astounding Importance of Putting Yourself First



Why Moving Away from Joy is the Key to It

This press release can be viewed online at: <http://www.einpresswire.com>

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