

5 important things to know about 100% natural mattresses

When it's time to shop for a new mattress, here are five reasons to consider a 100 percent natural mattress

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1) Sustainable

All natural means it is produced in a sustainable fashion. At Good Night Naturals, that means the latex is harvested on plantations that replant trees when they no longer produce. The cotton comes from organic farms and the wool from sheep. Sheep naturally regrow wool.

2) Better for you

All natural means better for you. No harsh chemicals or artificial materials are used in the construction of the mattresses sold at Good Night Naturals.

"We believe that a mattress needs to provide the best sleep you can get. We also believe all [natural mattresses](#) do that," said Paul Hirschberger, Good Night Naturals owner.

3) Hypoallergenic

The [natural latex mattress](#) is both hypoallergenic and antimicrobial. That means a better sleep.

4) Craftsmanship

100 percent natural mattresses means made by craftsmen with extreme care. All the materials used in the construction, including the thread used to sew it together, are natural.

5) Firmness level



All natural mattresses come in the usual firmness levels from soft to extra firm.

"You pick what works best for you," said Mr. Hirschberger. "When you buy a mattress you must have one that fits your sleeping needs."

When it comes time for a new mattress, visit Good Night Naturals to compare.

"Mattresses wear out. They should be replaced every seven to 10 years for a mattress used every night," he said.

For more information visit <https://www.goodnightnaturals.com>

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