

# Painless, Opioid-Free Method for Enhancing Peak Performance and Injury Rehab in November Sports Seminar

*The eight-hour hands-on program will teach healthcare participants how to effectively use laser therapy to aid athletes with conditioning and pain challenges*

RICHMOND, VA, UNITED STATES, October 26, 2017 /EINPresswire.com/ -- International laser therapy expert, [Dr. Nelson Marquina, Ph.D., DC](#), is the invited instructor of the hands-on training seminar for the Pennsylvania Chiropractic Association. The seminar focuses on the benefits of using laser light therapy, on the field and off, to effectively manage acute and chronic pain sustained from injury or overuse.

Dr. Marquina has authored chapters in scientific books on the use of laser therapy as an effective integrative approach to healthcare. He has worked closely with thought leaders on the subject from around the world and directs treatment protocols in clinical practice as the president of [USA Laser Biotech](#) in Richmond, VA. He has also worked closely with NFL and MLB players for injury rehab and peak-performance conditioning.



Richmond Black Widows in Action

“

I had persistent swelling since surgery eight months ago; the swelling is visibly reduced after my first treatment!”

*Sha Maclin*

Laser therapy is often quick and effective in relieving the acute pain and inflammation resulting from injuries, especially common to athletes. A key advantage of laser therapy lies in its biostimulative abilities to repair damaged tissue on a cellular level—reducing the need for reconstructive surgery and long recovery times.

USA Laser Biotech sponsors its hometown team, the Richmond Black Widows—the city’s only women’s contact football team—during the playing season and post-season with great results. Team member, Sha Maclin, says of her experience with laser treatments, “I had persistent swelling since surgery eight months ago; the swelling is visibly reduced after my first treatment!”

Pain is a key factor in sports performance, and drug-free remedies are highly encouraged by major

health organizations in response to the critical epidemic of addiction to opioid-based pain medications.

The seminar, '[Laser Therapy for Peak Performance and Rehab](#),' will be held in King of Prussia, Pennsylvania from 8:30-5:30 on November 11. Register via email to [ceconvention@pennchiro.org](mailto:ceconvention@pennchiro.org) or contact PCA at (717)232-5762.

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Dr. Nelson Marquina

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