

# Carrie J. Meyer of Holoflective Healing to be Featured on CUTV News Radio

SACRAMENTO, CALIFORNIA, UNITED STATES, November 2, 2017 /EINPresswire.com/ -- Why do we human beings struggle within ourselves? Why can we not just mentally resolve all of our conflicts? What does healing actually mean, and what does self-awareness have to do with it?

Carrie J. Meyer has devoted much of her life to understanding the nature of internal conflict and suffering, which she has found to be fundamentally related to healing and evolving. This “mission to understand” led her through various kinds of experience and learning and helped her comprehend what holistic really means. An explorer in the truest sense, Meyer spent many of her post-university years journeying to different regions of the world and deep within herself to fulfill the learning commitment her own evolution required. Her path has enabled her to cultivate a broad spectrum understanding of human consciousness which has richly resourced her to help others heal their conflicts and fulfill their evolutionary potential through the paradigm of self-awareness.

Meyer is the creator of Holoflective Healing, which encompasses Holographic Energy Work, Holistic Hypnotherapy and Integrative Counseling.

“As a human being I’ve experienced and deeply investigated my own fragmentation, which has allowed me to appreciate the distinction between fragmentation and wholeness,” says Meyer. “Holo means whole. Reflect means to show. The term I created, Holoflective Healing, means to reflect or show someone their intrinsic wholeness.”

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*Carrie J. Meyer*

Meyer says that her Integrative Counseling allows her to incorporate her subtle awareness or intuition. With her extensive training in both Western and Eastern approaches to healing, Meyer is able to reference both the theoretical and

her own intuitive perceptions in a way that doesn't reduce her clients to a cliché.

“I integrate multiple streams of psychology and treat the intuitive and experiential as essential to holistic healing because they're integral aspects of self-awareness,” says Meyer.

Meyer says if a client comes with a long list of issues, she will usually suggest they begin with a



holographic energy session. While conducting a holographic energy session, Meyer is able to interpret psycho-energetic patterns she perceives in her client's energy field. This enables her to dialog with the client in a much more holistic way that takes into account patterns that may be partly or largely unconscious (in some cases reflecting ancestral themes) that once recognized can help to liberate them from holding patterns that interfere with their health and ability to express their fuller potential.

While the energy work clears emerging layers of energetic residue or density buildup, fortifies weak areas, and initiates a reorganization and integration of different levels of the client's consciousness, the debriefing provides a multidimensional framework for clients to more clearly understand themselves and ultimately experience greater congruence and wellbeing.

CUTV News Radio will feature Carrie J. Meyer in an interview with Jim Masters on November 6th at 3pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Carrie J. Meyer, visit <http://www.carriemeyer.com>.

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