

The Magical Opportunity of Rebalancing Your Biochemistry With Precision Medicine, to Improve Upon Your Personal Genetics

An Interview With Dr Robert Nettles - Founder & Creator of Stop And Regrow, The First True Cure For Hereditary Hair Loss.

BEVERLY HILLS, CALIFORNIA, UNITED STATES, November 16, 2017 /EINPresswire.com/ -- "I guess you could say that I was fortunate to have my found my purpose in life at a young age. Man makes jobs, but only God gives purpose. I didn't come to work for pieces of paper made from dead trees that used to provide oxygen: I came to help and serve other people."

Dr. Nettles is "up in the 4s and working by the 5s" from his office in Los Angeles, the health innovation capital of the world. "When your work is helping others and you enjoy what you do, you never actually work a day in your life. I'm beyond blessed to be able to contribute and help in any way I can," explained Dr.

Nettles. For this retired dermatologic surgeon, he is driven by his lifelong mission to "heal" people by optimizing their biochemistry. As a genetic research scientist, he has spent the last 10 years focusing specifically on rebalancing our biochemistry to improve upon our personal genetics, and 25 years that lead to his eventual breakthrough in understanding the body's biochemical markers.

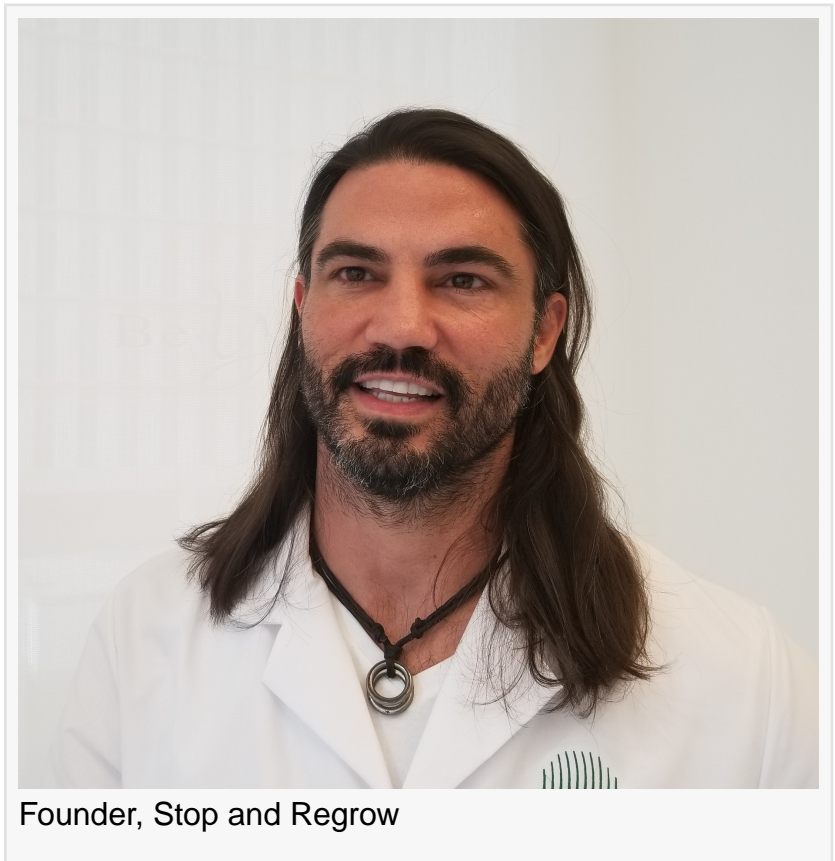
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When other scientists were researching stem cells and genetics Dr Nettles was guiding his team down the path of the biochemistry that controlled those genes and that divergence has been the difference”

Dr Robert Nettles

This inborn quest to help humanity started at a very young age for Dr. Nettles. By the time he graduated high school, he already submitted a thesis-level paper on the future of epigenetic engineering to improve human health. However, two key events drove him to start his research into the biochemical cause of hair loss and with a new school of thought known as [precision medicine](#).

“Necessity is the mother of invention” - Plato.



Founder, Stop and Regrow

When Dr. Nettles graduated from medical school in 2000, his hair had already started thinning.

Observing that his father was bald and his 2 older brothers had also thinned before balding, Dr. Nettles was motivated to study hair loss and did so from a genetic, biochemical perspective. That single shift in thinking made all the difference: "We each get 100 trillion CELLS, but the CELLS don't have eyes and ears. So how do they communicate? I reasoned that they communicate the same way trees communicate with the environment: BIOCHEMICALS." With the advanced microscopy techniques available to them, most scientists chose to research stem cells and genetics. However, Dr. Nettles decided to instead focus on the biochemistry of cell-to-cell connection, a field now known as epigenetics.



Microscopic scalp evaluations combined with biochemistry and DNA assessments are used to create personalized precision medicines programs that rebalance body chemistry and regrow thin hair

Through various internships and fellowships, Dr. Nettles' tenacity and vision would ultimately pay off. Upon deducing the biochemical mechanism that explains the root of hair loss and hair growth, he was able to formulate a medical solution known as [Stop & Regrow](#). For the past 5,000 years of recorded modern history, this is the first time we've solved the ancient riddle of hair loss. This is a major medical breakthrough, as hair loss affects 50% of men and 40% of women.

Furthermore, Dr. Nettles had another revelation when the human DNA was fully decoded to reveal only 20,000 genes. It was discovered that only 4,429 biochemicals inside the human body were used to communicate between 100 trillion cells, each with 20,000 genes. This provided the insight he had hoped for, the 'ah-ha' moment where Dr. Nettles realized that the environment can turn on the expression of genes, or off. If that was true, then it was completely possible to change one's outside environment and therefore control their genes. This is when Dr. Nettles embraced the philosophy of "precision medicine", which opts for dosing medications on the basis of a person's unique biochemistry.

"The body consists of 100 trillion cells undergoing 500 quadrillion biochemical reactions every second," said Dr. Nettles. "For each individual, there is an optimal biochemical balance, and therefore there are optimal hormonal levels that individuals should strive for."

In Dr. Nettles' clinic, every patient has their biochemistry analyzed independently, followed by a precise medical treatment program that rebalances the individual's hormones. Through a holistic health program that includes nutrition, and behavioral techniques such as meditation to alleviate stress, patients have noticed multiple positive health effects above and beyond the return of their healthy head of hair. Such effects include increased muscle tone, increased energy levels, decreased body fat and an increased libido. "We aren't really treating hair loss. Rather, we are treating the underlying biochemical imbalance that causes that problem. Therefore, once rebalanced, clients notice a wide range of health improvements," said Dr. Nettles.

"Having been responsible for the largest North American cohort of healthy and active individuals in the past 10 years, I am a firm believer in the revolution that is coming with precision medicine and personalized treatment. It is my mission and duty to take my hard-earned knowledge and use it to

make the world a better place. As Picasso wised so many moons before, “the meaning of life is to find your gift, but your purpose is to give it away”.

About Stop & Regrow by Robert Nettles MD

Introducing the cure for Hair Loss. Stop & Regrow uses precision medicine to rebalance an inherited chemical defect within our bodies to stop hair loss then regrow thin hair. It is so successful it comes with a [100% money back guarantee](#) on results.

Tracey Bowyer
Stop and Regrow
3106014778
[email us here](#)

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