

Darlene Rollins of Earthwalk Ways Institute and Retreat to be Featured on CUTV News Radio

FREDERICKSBURG, VIRGINIA, UNITED STATES, November 20, 2017 /EINPresswire.com/ -- Life is an adventure, but it often doesn't turn out like we planned. It also inevitably includes challenges, frustrations, crises and ultimately death. The ancient ones who lived close to nature understood this earthly experience as a soul journey and a school of development that if surrendered to, eventually brings us to greater wisdom, love and peace.

Darlene has lived most of her 66 years learning to see beyond the ordinary ways of looking at life's big and small moments. She has learned a way of turning life's painful, stressful and challenging experiences into transformational passages that bring forth_ever deepening unfolding and awareness of the beauty of life._

For the past 20 years she has been a spiritual life coach and owner of Earthwalk Ways Institute and Retreat, a school and sanctuary within the tranquility and enchantment of nature. Nestled in a fairy forest, along a bold stream near Fredericksburg Virginia, the Earthwalk Retreat offers sacred refuge, and a transformational cocoon for individuals and small groups. _

Darlene offers a wide variety of educational and enlightening programs, including retreat intensives, nature solo quests, on line webinars, sessions and workshops which offer practical, detailed maps and effective tools for the soul journey. She calls this approach The Art of Deep Listening, Soul Whispering and Natural Communion. It is based on a contemporary spiritual path known as the Pathwork®



“Everything that happens in life is about the journey of the soul,” explains Darlene. “When we mistakenly interpret our life through the very narrow lens of our success or failure as defined by our culture or family, or our own perfectionistic dictates, we experience a self- alienation that robs us of the mystery and beauty of life. People feel that life is supposed to be a continuous ascent; that all we need to do is climb a ladder and if we keep climbing, eventually we will get there. But Life is a cycle that ultimately leads into and through the total surrender of all our physical powers and outer achievements. This letting go is actually an expansion into our larger Self. What we are left with is the awareness that what is most important is to fully embrace the journey and savor all the moments.”_

Darlene reminds people of that delicious possibility of participation in the deep call and response of the natural world through the simple awareness of the ongoing sensory flows within and around us._Now research is coming full circle and has shown that sensory time spent in nature is a powerful anti-dote for stress and highly beneficial for body and spirit. ___

“Earthwalk Ways unveils a deeper part of our nature, and helps us rediscover our connection to all of nature. _The whole cosmos is an evolutionary process and we’re at a moment in time that requires people to reconnect with these evolutionary powers of nature that go far beyond us.” ___

For a personal and planetary ecology that is full of life and spirit, soul and nature, meaning and movement, wisdom and conscious evolution, join Darlene in this exploration of self, and self-fulfillment. Let Darlene guide you on an adventure deep into the heart of this mystery called Life.

CUTV News Radio will feature Darlene Rollins in an interview with Jim Masters on November 22nd at 11am EST.

Listen to the show on [BlogTalkRadio](#).

If you have any questions for our guest, please call (347) 996-3389

For more information on Darlene Rollins, visit <http://earthwalkways.com>.

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