

Poor Quality Probiotics May Be Dangerous for Your Health, Says CEO of Amazing 4U2 Probiotic

CORNWALL, N.Y., UNITED STATES, November 21, 2017 /EINPresswire.com/ -- Luis Abarca, CEO and Founder of Amazing 4U2 Probiotic does not claim to be a doctor or a dietician, but he has some serious advice for anyone thinking about taking probiotics as a supplement.

When Abarca's wife was first diagnosed with Rheumatoid Arthritis, an autoimmune disease, the family investigated a variety of alternative healing methods, including a healthy probiotic, in order to help her with the detoxification process.

"We had to change our lifestyle entirely for a life where we do not live to eat; we eat to live," explains Abarca.

But the Abarca's search for an effective probiotic ended in failure.

The couple was looking for a high-quality probiotic with certain specifications. They wanted to find a probiotic that was 100% natural and GMO free, soy free, corn free, dairy free, gluten free, wheat free, egg free, nut free, fish and shellfish free; also vegan friendly, without artificial ingredients, sweeteners or preservatives.

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But their search ended in frustration. In the course of his investigations, however, Abarca made some startling discoveries. He found that many probiotics contain fillers and additives that may actually cause harm to the user.

“In some cases, the active ingredients are marked as ‘proprietary blends.’ What this really means is that the manufacturer can hide ingredients that may be unknown to the public,” Abarca explains. “I was shocked to discover that even the well-known brands that have great marketing, or great sponsors like doctors and health practitioners, are guilty of this questionable tactic.”

Many brand name probiotics are not simply guilty of just being low quality, they also contain ingredients that should not be consumed. The labels fail to mention any specific strains of probiotics



which means that the consumer is unaware of what they are digesting or indeed if it will work at all for their ailment.

Abarca points to a certain famous brand which is one of the most frequently prescribed probiotics, as an example. It contains only 1 billion CFU (Colony Forming Units) and one strain. Its ingredients consist of, among others, sodium caseinate, sucrose, titanium dioxide, propyl gallate, etc. Some of these may be safe to consume but they act as fillers, emulsifiers, or binders that are not needed or should be avoided.

Sodium caseinate, for example, is not entirely harmful, but most people would not be aware that it is made from casein, a milk protein, so it would not be wise for a lactose intolerant person to consume a probiotic with this ingredient.

On the other hand, titanium dioxide is a carcinogenic product that should not be consumed by anyone. It is widely used as a whitening agent for food, cosmetics and paints, but is not recommended for human consumption.

And propyl gallate is known to cause allergic reactions in the form of an asthma attack. It can also cause stomach and skin irritation, liver damage, kidney damage and may also increase the chance of developing cancer.

Other famous probiotics contain maltodextrin, which the FDA considers to be a safe food additive. It's a starch used as a thickener, filler, or preservative in many processed foods. Most people can consume it in moderate amounts, but because it has a high glycemic index, maltodextrin can cause spikes in blood sugar. Sugar sensitive individuals are advised not to take this additive. Furthermore, some side effects may include allergic reactions, unexplained weight gain, bloating and flatulence which are contradictory to the use of probiotics.

Other manufacturers use stearic acid, guar gum, or sodium carbonate. These are not necessarily harmful and are also FDA approved but they are slightly toxic or have some dangerous side effects,

such as skin irritation, organ toxicity and neurotoxicity, vomiting or diarrhea. Stearic acid can also adversely affect the respiratory system, nervous system and brain, which has been noted in studies conducted on animals.

As a result of his findings, Abarca created his own all-natural brand of probiotic under the brand name of Amazing 4U2 Probiotic. It has 13 unique strains consisting of 50 billion live CFU (Colony Forming Units), which can support a healthy digestive tract, reduce “leaky gut” syndrome, replenish the immune system, help infections such as vaginal, sinus, or GI, provide post-antibiotic friendly bacteria recovery and help sensitive stomachs for diarrhea, constipation, bloating, IBS (Irritable Bowel Syndrome), SIBO, etc.



Probiotics are one of the most commonly used natural products in the U.S., being used by over 4 million adults. Consumers are encouraged to become informed about what they are ingesting, and choose their brand with care.

Amazing 4U2 Probiotics are produced under the highest possible standards and are being offered on [Amazon](#) for the lowest possible price.

For more information visit Amazon or the company’s website at www.amazing4u2.com

Luis Abarca
Amazing 4u2
1-844-242-9237
email us here

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