

## Winter Skincare Tips from Farm Maid Goat Milk Soap

Skincare expert Kathy Johnson offers Farm Maid Soap at Family-Friendly prices daily, not just for Black Friday or Holiday Sales

CORBETT, OR, -, November 22, 2017 /EINPresswire.com/ -- As cold, dry weather sweeps across America, Farm <u>Maid Soap</u> goat milk soap company founder <u>Kathy Johnson</u> shared winter skincare tips, noting that people with sensitive skin need to take special care to protect and heal chapped and dry skin caused by icy weather and wintry winds.

Kathy said, "It's important to use a <u>natural</u> moisturizing soap to protect and pamper skin as winter's cold, lower humidity and gusty winds remove moisture from skin. With the widest array of naturally skin nourishing soaps, at



FarmMaidSoap.com has 72 choices of healthy soaps made with raw goat's milk rich in nutrients that protect, pamper and moisturize skin with natural glycerin, vitamin A, selenium and alpha hydroxyl acids to keep skin healthy.

<u>www.FarmMaidSoap.com</u> we offer a variety of 72 goat milk soap bars, each formulated to pamper, nurture and keep skin healthy, especially in prolonged periods of rough weather."

A Mother of seven children, Kathy insisted that, "Farm Maid offers family-friendly pricing every day, not just on Black Friday or Holiday Sales."



At FarmMadeSoap.com we offer a variety of 72 goat milk soap bars, each formulated to pamper, nurture and keep skin healthy."

Kathy Johnson, Founder, Farm Maid Soap Kathy's Half-Dozen Skincare Tips include:

1. Put more water in, not on your body: drink 8 glasses of water a day and take short showers as water has a drying effect on skin.

Hydrate skin with toxin-free natural soap from Farm Maid.
Avoid chemical laden soaps, especially antibactorial soaps

3. Avoid chemical-laden soaps, especially antibacterial soaps that lessen skin's acidity.

4. Use nutrient-rich Farm Maid soap as cold and seasonal low humidity remove moisture from skin.

- 5. Sleep 8 hours and try to relax to lessen stress.
- 6. Eat meals with proper balance of protein, carbohydrate and fat plenty of fruits and vegetables.

Kathy founded Farm Maid goat milk soap to offer an alternative to chemical-laden popular brand soaps that dry skin. With help of husband Jay, who oversees farm production of her 72 choices of specially designed healthy goat milk soaps, Kathy said, "Farm Maid chemical-free goat milk soaps

and lotions contain nutrients and natural ingredients to hydrate skin."

She added, "Most store-bought soap brands remove glycerin to use in their higher-end products but all Farm Maid goat milk soaps are rich in natural glycerin, vitamin A, selenium and alpha hydroxyl acids that nourish skin. Our farm-made soaps are hand crafted and made with 100% raw goat milk, offering lustrous benefits and protect skin types from average to sensitive and are especially good for people with dry skin, eczema or psoriasis."

She added, "During the Holiday Season and for a variety of special occasions, Farm Maid Gift Sets are a great way to let someone special know that you care."

Based in Corbett, Oregon, Farm Maid Soap is unique as Kathy, husband Jay and the Johnsons place family values first, treating customers as if relatives. Online at <u>www.FarmMaid.com</u>, she offers 72 choices of natural soap milk soaps, moisturizing lotions, Gift Packs, scented natural soy candles, perfume and more also available at <u>www.HomeMadeGoatsMilkSoap.com</u> and an active social media presence, including its active Facebook site.

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