

# A Good Way to Improve Your Health and Help the Environment

*Take a look at what to be aware of before buying plastic water bottles.*

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-- Don't use disposable plastic water bottles anymore! They are not good for your health especially when you left them in a hot car. As a senior expert in the plastic containers manufacturing industry, we need to let you know that the disposable water bottles are commonly made from the material polycarbonate, which will exude a chemical that seeps into the water or drink, as well as into the air from polycarbonate twin-wall transparent roofing sheets. What will happen after the chemical come into your body? They will be absorbed into the bloodstream and has been shown to cause early onset (pre-teen)puberty in girls and gynecomastia (increased breast tissue) in men. And plastic water bottles also contain Bisphenol A which has been linked to obesity, diabetes and cancer.

Apart from harmful chemicals, let's see some waste facts from disposable plastic water bottles.

1. More than 100 million plastic bottles are used worldwide every day!
2. It takes 1 PET plastic bottles 700 years to start decomposing.
3. About 1,500 plastic bottles end up as waste in landfills or thrown in the ocean every second.

For these reasons, the polycarbonate plastics have been completely outlawed in some countries. So we recommend you to use the refillable drink or sports bottles instead. All the drink bottles and sports bottles [3plastics](http://www.3plastics.com) manufactured, are made from high quality plastic and 100% free of BPA.

ABOUT 3PLASTICS ([www.3plastics.com](http://www.3plastics.com))

3Plastics is the leading manufacturer of [custom](#) plastic sports bottles. And we provide OEM & ODM services to our clients around the world. We specialize in producing plastic packaging including plastic bottles, jars, boxes, jugs, vials, and custom plastic closures and accessories. As a professional plastic packaging manufacturer, we experienced in custom plastic bottles and containers design and



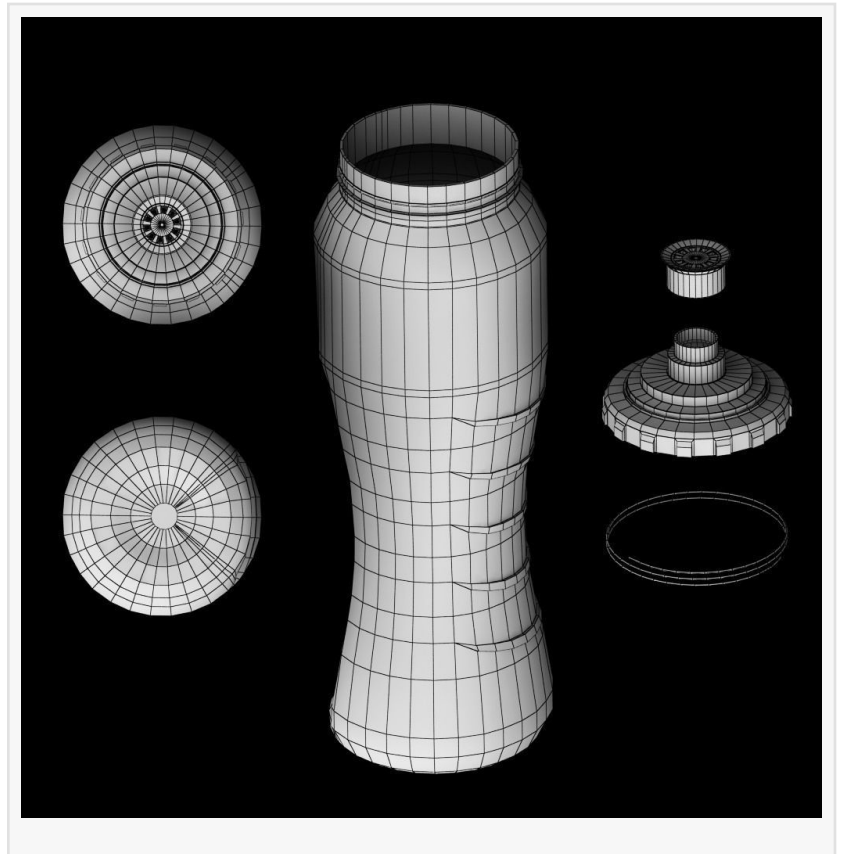
manufacturing for more than 20 years. We make customized items for various industries, including companies like Nestle, Clinique, Estee Lauder, Disney, Shiseido, Abbot Laboratories, and Quiznos, among many others.

Our quality sets us apart from competitors, and all the sports bottles complied with FDA, EU and free from BPA. Along with in-house engineering and facilities, 3plastics is a one-stop sports bottle manufacturer as we manufacture and [decorate or label the bottles](#) under one roof. Check some examples of drink bottles we manufactured here: [https://www.3plastics.com/resources/info\\_15.aspx?itemid=154](https://www.3plastics.com/resources/info_15.aspx?itemid=154)

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