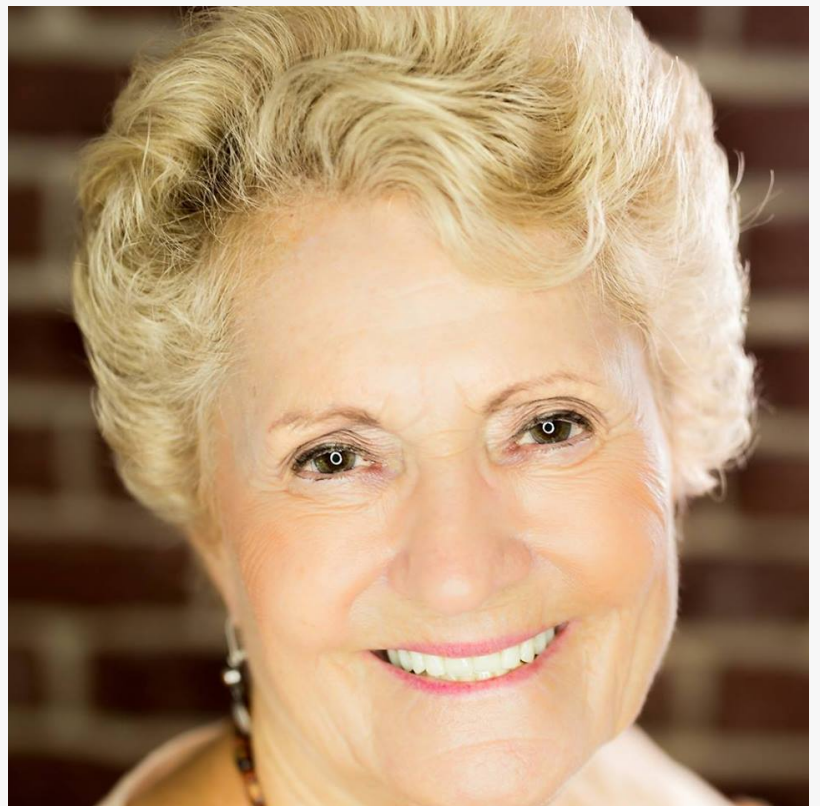


Energy Healer Claudette Betty of Source Healing to be Featured on CUTV News Radio

FORT PIERCE, FLORIDA, UNITED STATES, December 5, 2017 /EINPresswire.com/ -- A wholesome human being is healthy in body, mind and spirit. But there's a secret ingredient: hope.

Claudette Betty is a registered nurse, addiction counselor, Reiki master, Shaman, certified holistic practitioner and the founder of Source Healing. At Source Healing, Claudette draws on her extensive experience in therapeutic healing to help others uncover core issues preventing their physical and emotional wellness.

"We help them to get to the source," says Claudette. "That is the essence of helping people. Too often we focus on the addiction or the disorder, without addressing the source, which is inevitably found in childhood. That's why I want to make people aware. It's about getting to the core."



Claudette says we often make the assumption that a physical symptom has a physical source. But we're a whole person. We're a mind, a heart, a body. We're the unknowable parts of ourselves: the spirit.

Claudette guides her clients to release these emotional, mental spiritual and physical blockages within our body that are often sourced in the traumas of our past.

"When you grow up in a dysfunctional family with an alcoholic father, you adopt negative thinking and repress emotions because you never learned healthy coping skills," says Claudette. "I had to learn to identify those negative thoughts. It takes years, positive affirmations and a dedication to change."

Now 80 years old, Claudette still practices in mental health and addiction. Most recently, she is the author of *Creating a Wholesome Human Being*, published earlier this year through Balboa Press under the pen name Monique Goulet.

"It took 12 years to write the book," says Claudette. "I was very transparent. It was cathartic for me and I wanted to share it with other people for their healing process."

“I’ve been divinely guided through it all,” says Claudette. “I understood this was the journey my creator wanted me to go on no matter how painful it was. Because my purpose is to help other people. And I do. I want to share what I’ve learned. Unless you’ve gone through it, you don’t understand what it takes. I share that with my clients. They need to have hope for a future. The universe is going to send you a gift.”

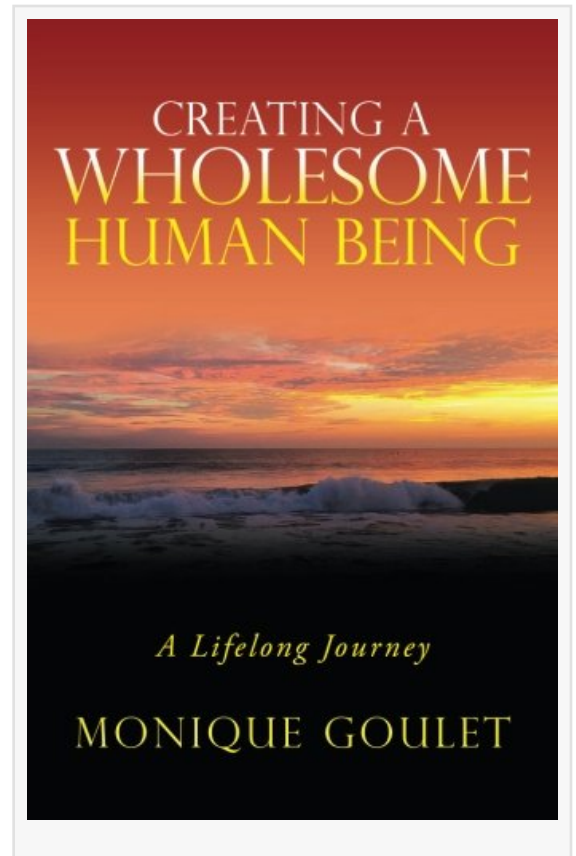
CUTV News Radio will feature Claudette Betty in an interview with Jim Masters on December 7th at 11am EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Claudette Betty, visit <http://www.claudettebetty.com>.

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