

# Author Shares His Fascinating Life Being A Doctor And A Soldier

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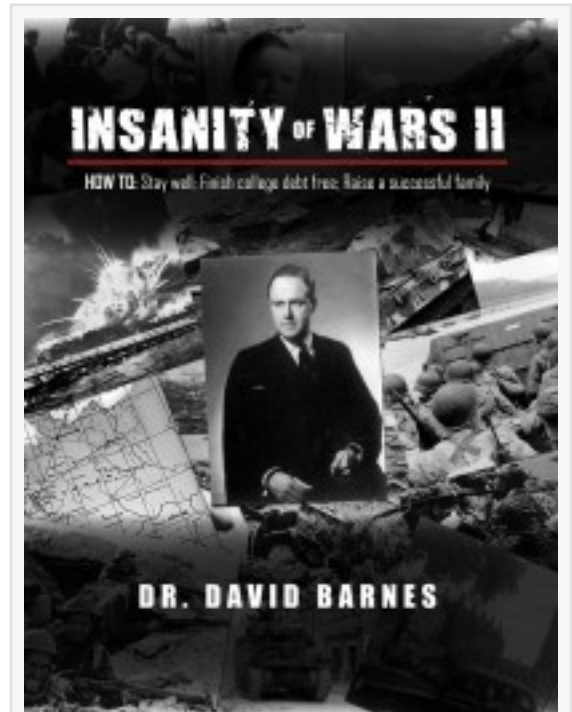
SALT LAKE CITY, UT, UNITED STATES, December 5, 2017 /EINPresswire.com/ -- Everybody has their own struggle. Some people get up at night with thoughts weighed on their soul, but among them are those that do not let struggle define their life. A. David Barnes, MD, PhD, MPH FACOG pens an edifying memoir of an English boy who had conflicts within himself, but had worked his way up and recovered from his failures in life.

[Insanity of Wars: Choosing Medicine and the Military](#) accounts explorations from London to France; Germany; Switzerland; Denmark; Italy to Dublin; New York; Berkeley, California; the Hawaiian Islands; Japan; China; Beverly Hills, California; Austria; and Scotland, exploring the Middle East, Dubai, and Abu Dhabi in the United Arab Emirates. Edifying and captivating, the book describes the life of an English boy towards the German Blitz of London, whose dream of becoming a doctor was unattainable at the beginning. Being a traveler, Barnes does not only reveal intimate personal details, but also he discloses interesting historical references. Growing up from the modest neighborhood of London, he divulges his provoking opinions on the British educational system that could be model for the USA; compares life as a gunner with his privileged position as an officer in the British Army serving in England and the Far East; and tells how pioneer family practice in the wild areas of Canada; and obstetrics-gynecology professorial roles extending from Okinawa through Hawaii to Florida.

The life of David which revolves on being a traveler, medical doctor and soldier gives a significant lesson about how resilience and determination can bring success to a person's life. The ability to pull through from a failure is something that every individual must possess, as the battle that life demands to be fought for can be unpredictable. *Insanity of Wars: Choosing Medicine and the Military* is a brilliant and relatable piece of Barnes's fascinating life; it is definitely a must-read memoir!

About the Author:

[David Barnes, MD, PhD, MPH, FACOG](#), is a son of a Royal Navy Veteran and recalls the bombing of London and the hatred toward Germans, Japanese, and the Communists now ISIS. He attended King's College, London University, for premed and the Royal College of Surgeons in Ireland for medical school. He completed eight years in the British Army, serving in Germany, England, and Malaysia as a family practitioner. Dr. David married Dr. Valerie Frazer, a graduate of Trinity College Dublin and the Adelaide Hospital, during the internship year. After Singapore, they crossed the Atlantic with a ten-week-old son as Armstrong and Aldrin were landing on the moon. They became



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pioneer physicians with their own hospitals in Northern Saskatchewan and Nova Scotia. Subsequent OB-GYN training took them to New York, then the University of California-Berkeley. Both Dr. Val and Dr. David joined the US Army Medical Corps, serving in Texas, Hawaii, Japan, California, Colorado, Alaska, Europe, and Central and South America. Dr. David remained in the US Military for twenty-two years, both active duty and reserves. His work included academic, administrative, private practice, humanitarian medical missions, and multiple scientific publications. Dr. David has completed nineteen marathons and one triathlon and believes Park City has the best snow for skiing. He lives in Salt Lake City, Utah with his wife Mary. He has three children and three grandchildren.

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