

## WELL Done -- How Your Building Can Attain the International WELL Certification

CHICAGO, IL, UNITED STATES, December 9, 2017 /EINPresswire.com/ --<u>LifeStart</u>, the industry leader in providing building amenity services, is pleased to announce its new WELL Building certification offering.

LifeStart's WELL accredited professionals guide building owners and managers through the complete certification process, concluding with an official WELL designation from the Green Business Certification Incorporation (GBCI), the entity that also administers the LEED certification.

With a unique blend of expertise of the built environment, employee health, and wellness initiatives, LifeStart leads all aspects of the WELL certification process. We work with clients to define health and wellness strategies that are innovative and responsive to their specific needs and culture.

## What is WELL?

The WELL Building StandardTM (WELL) is a performance-based system for measuring, certifying and monitoring features of buildings that impact human health and well-being through air, water, pourishment light fitness comfort and near the system of the syst

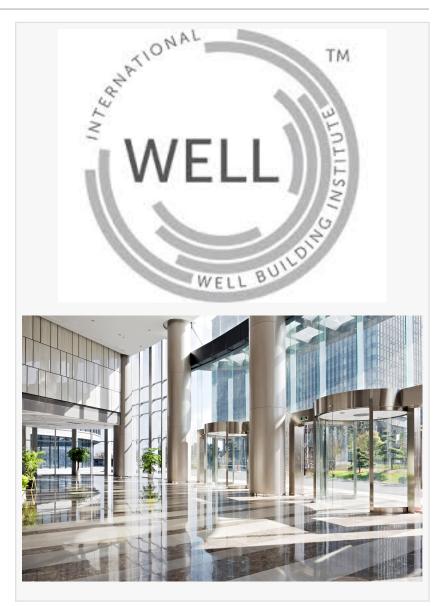
nourishment, light, fitness, comfort, and mind.

WELL is grounded in a body of medical research that explores the connection between health and

well-being and the buildings where we spend more than 90 percent of our time.

## Why WELL?

WELL focuses on how buildings support human health and productivity marrying best practices in design and construction with evidence-based health and wellness interventions. Certification allows building owners and employers to know that their space is promoting health and well-being as it was designed and intended.



WELL Accredited Professional (WELL AP)

LifeStart's WELL AP is the project's WELL consultant who works with the project team to manage the WELL certification process.

LifeStart has a quarter century of leadership, leading the corporate wellness industry since 1991, creating inclusive and engaging environments for all employees.

Mike Flanagan 3126271300 email us here LifeStart

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