

MevoFit: The Latest Revolution in Fitness Apps

Natural Weight Loss App with Multiple Features to Make Waves in Fitness Lifestyle!

DE, WILMINGTON, US, January 2, 2018 /EINPresswire.com/ -- MevoFit is a mobile app that is downloadable through the <u>iTunes App Store</u> or <u>Google Play</u> that provides users with natural weight loss options. As a company, MevoFit values the ability to build a healthier lifestyle for its users by giving access to features that benefit any and all levels of fitness for each user's beginning point. This year the fitness community is sure to have a new top contender for accessible and useful apps. Catering to any level of activity and numerous personal goals allows MevoFit to meet all users needs. Joining the new fitness community is sure to spark a fitness revelation in any user. When the app is downloaded, MevoFit takes the time to learn your skill levels and goals so that it may help to achieve actual physical results.

With multitudes of features including Calories Tracker, Workout Plans and Programs, Diet Plans, Healthy Recipes, Fitness Challenges, MevoFit will bring a healthier lifestyle for any user from beginners on their health plans through advanced fitness experts. Rewards are won through completion of healthy achievements through the app and allow users to use those rewards towards prizes that are useful and relevant with fitness and health. Points can be used towards the purchase of health accessories and technology to help accomplish even more health goals. All around fitness is the goal of MevoFit. Diets and Nutrition features provide access to healthy recipes, calorie consumption suggestions, calorie tracker, and diet plans all in app. Using over 50 workout plans and over 500 exercises, there is something for every skill level. GPS capability allows runners to track their runs as well as your daily physical activity. The community that is built into the app allows encouragement and competition between users.

Motivation and accomplishing goals are the main-focus for MevoFit to ensure successful completion of fitness and weight loss. This app not only encourages through social interactions, but rewards users who follow through with each activity. Educational material is also available through the app allowing users to not only know what choices to make, but how those decisions effect their weight loss and overall health through newsletters and blog information.

Information allows users to understand how each lifestyle choice can deter or improve their results. Some of the latest featured blogs include detoxing water benefits and recipe, benefits of fitness challenges workouts, and common reason why diets fail to lead to weight loss goals. This app is sure to educate, motivate, encourage, and accomplish any and all goals that a health conscious person should have.

For further questions about the app offerings or features, please visit <u>www.mevofit.com</u> or search through social media and Google. App is also available for download through the iTunes store and the Google Play Store. There is also additional information on Twitter, Facebook, Pinterest and Instagram.

DOWNLOAD THE APP NOW-

Google Playstore -

https://play.google.com/store/apps/details?id=com.mevo.fit.mig.top.android.weightloss.tendays.losew eight.fast.healthy.diet.workouts.home.app

App Store - https://itunes.apple.com/in/app/mevo-weight-loss-fitness/id1082646969?mt=8

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