

Daily inspiration through The Power of a Vacation

New book by Amy Hinote, editor-in-chief of VRM Intel, delves into the power of travel for the mind, body and soul

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/EINPresswire.com/ -- Amy Hinote, founder and editor-in-chief of [VRM Intel Magazine](#), the vacation rental industry's leading news source, has published *The Power of a Vacation*, a book of daily travel inspiration aimed at encouraging travelers through the joy of wanderlust to open themselves to new adventures and to experience the world in a different way.

The book is a yearlong calendar compilation of quotes, fascinating facts, excerpts from studies, song lyrics, and more about the importance of taking a vacation. From Confucius to Rick Steves to Maya Angelou to Ernest Hemingway, *The Power of a Vacation* takes the reader on a yearlong journey, reminding him or her each step of the way how much the journey itself adds to one's life and enhances the joy of discovery.

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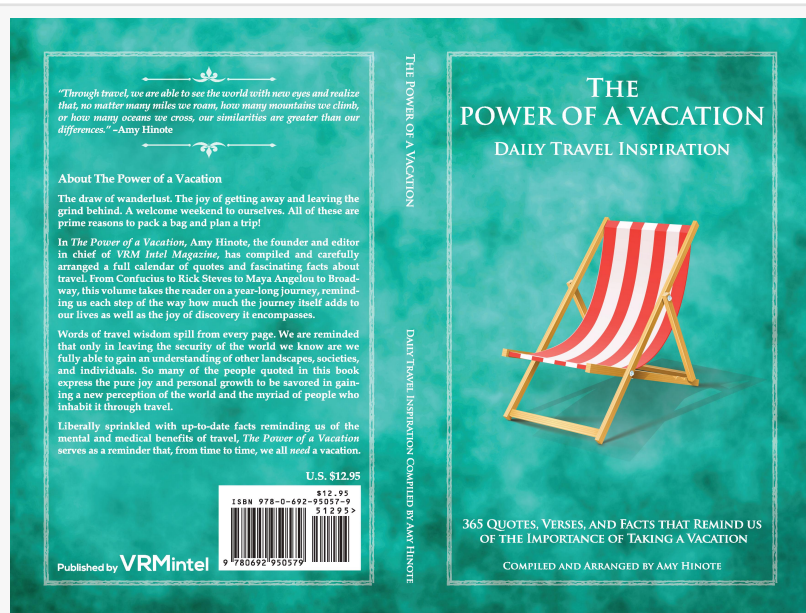
Amy Hinote

On her motivation for compiling the book, Hinote said, “I initially decided to write this book to show vacation rental providers how much what they do matters. But the more I got into it, the more I realized that there are centuries of observations about the importance of travel. It was a fun project that helped me realize how much traveling has meant in my own life.”

Readers are in for a treat as each day includes a meaningful reminder on how, through leisure travel, we are able to see the world with fresh eyes and how our mind, body, and spirit lift through new adventures.

For April 21, we are asked by Victor Hugo in *Les Misérables*, “What is most melancholy and more profound than to see a thousand objects for the first and the last time? To travel is to be born and to die in every instant. . . .” On October 12, we are advised by Tennessee Williams, “Make voyages. Attempt them. There’s nothing else.”

Liberally sprinkled with up-to-date facts about the mental and medical benefits of travel, *The Power of a Vacation* serves as a reminder that, from time to time, we all need a vacation.



The Power of a Vacation by Amy Hinote

The Power of a Vacation is now available for purchase through [Amazon](#).

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Notes to editors

About Amy Hinote

Amy Hinote is the founder and editor-in-chief of VRM Intel Magazine, which provides news, information, and resources for the vacation rental industry. As a fellow traveler, Hinote recently completed her second yearlong road trip through Europe, Canada, and the United States. Her appreciation of the many men and women who work in the travel industry is the source of her inspiration for the magazine, the VRM Intel news site and the regional events she hosts. Hinote resides between Evanston, Illinois and Orange Beach, Alabama.

For more information about VRM Intel, visit www.vrmintel.com

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