

Tamica Goree Using Her Experience On And Off The Court To Help Young Basketball Players

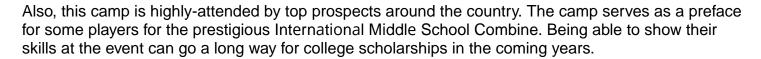
SARASOTA, FLORIDA, UNITED STATES, January 16, 2018 /EINPresswire.com/ -- <u>Tamica Goree</u> knows all about playing basketball at a high-level. For years she has either played the game or coached teams to success. To add to her impressive resume, Goree partnered with John Lucas Enterprises and his well-known clinic known as Camp Right Way. The camp assists seventh and eighth-grade boys on and off the court.

The camp prepares certain teenage players for high school basketball and beyond. Through advanced skill training and playing organized games over a two-day span, the players learn in-depth about the sport. Goree participated in the coaching aspect of the camp, assisting players about the stress that could happen off the court.

During these two days, players become mentally and physically pushed on the court. This form of training helps players grow and develop another aspect of their game. These skills and training exercises sometimes are overlooked during regular practices. Goree and the coaching staff make sure to challenge the players.

Many of the players that attend these camps are the best players on their team. But at the sessions, they are just a

small fish in a big pond. These players have to adjust to facing top talent on the court and try to stand out.



While Goree knows these players excel on the court, it's what the player learns outside the gym that can make or break them. Throughout her years in basketball, Goree has seen many players throw away careers because of laziness or poor decision-making. Mix in a lousy attitude or off-the-court dr ama, and you have a possibility for a player to have a playing career cut short.

What motivates Goree during these sessions has been the players buying into her lectures about life and keeping off the court drama to a minimum.

"When I teach at these seminars, I use real-life experiences and examples to get through to these young players," <u>says Goree</u>. "They see players that they have gone through troubled times, but never recovered. I teach them to stay away from those potential demons.



Sometimes the ones that are close to a player can cause more anguish than assistance. Goree has seen parents of players try to take over their child's life. Once a parent sees dollar signs, the unfortunate aspect comes to light. This event ruins careers and destroys families.

Not only do players in high school and college face drama off the court, but NBA players too. Goree makes notice to players that the young players look up to go through struggles. The young players realize that the NBA players go through tough times, but they cannot let it dedicate their careers.

"Coach Lucas knows what it takes to reach a high level of play out of his players," says Tamica Goree. "Not only has Coach Lucas helped thousands of young players, but also hundreds of coaches. I can always learn more and Coach Lucas is the perfect teacher."

Players from all over the country are learning about the camp and Coach Goree's teachings outside the gym. She knows it will only be a matter of time before she is running her own camps and helping players grow in the game of basketball.

"If I can help one player learn life lessons and become a great player, then my job is worth it," says Goree. "I take pride knowing players are staying out of trouble and improving their game each year."

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