

# Child and Adolescent Psychologist Dr. Reyna Gilmore to be Featured on CUTV News Radio

CINCINNATI, OHIO, UNITED STATES, January 24, 2018 /EINPresswire.com/ -- Our children are living in a scary, crazy, chaotic world that is only growing more and more difficult to navigate.

Children can struggle with the same mental health issues as adults: depression, anxiety, psychotic disorders, bipolar disorder, ADHD, disruptive disorders, trauma, and even thoughts of suicide.

Dr. Reyna Gilmore is a child and adolescent psychiatrist who works with children who have mental health issues as well as their families to more successfully navigate their experience.

"I help these children navigate their challenges, so they can be the most successful that they can be," says Dr. Gilmore.



Dr. Gilmore was inspired to pursue child psychiatry through her own personal experience with mental health issues with family and friends.

"I struggled with that as a child myself, so do a lot of other kids," says Dr. Gilmore. "I realized children are impressionable and I can make more of a difference in starting at an early age with how they can deal with the stress areas in their lives."

Dr. Gilmore describes herself as someone who's willing to think outside of the box for solutions and go above and beyond for the children and their families. If she needs to dance with children or sing with them or play with them, that's what she'll do.

"I'm not your average doctor. I am really passionate about what I do. I try to look at the kids and their families as if they were my own. I try to find something about each case that I work with that I can relate to, so I can better connect with them. I look at each individual case and do not try to do cookie-cutter medicine."

Dr. Gilmore has a special passion for suicide prevention.

"People tell you to leave work at work and once you go home and be home. The type of person I am

and the field that I work in, it's very difficult to do so. As much as you try to do that, there are certain situations that stick with you. And the fact that I try and connected with the people that I see, whether it be for one time or for a year. It affects me when I connect with them, but it makes me a more genuine person in what I'm doing. So I'm most proud of the impact that I have made on the lives of others.

CUTV News Radio will feature Dr. Reyna Gilmore in an interview with Doug Llewelyn on January 26th at 12pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

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