

# Dr. Amy Doneen Honors American Heart Month with a Free Webinar on Heart Attack and Stroke Prevention for Women

*February is American Heart Month and a great time for raising awareness for gum health alongside heart health. Attend this Webinar to connect the dots.*

ST. LOUIS, MISSOURI, UNITED STATES OF AMERICA, February 1, 2018 /EINPresswire.com/ -- February is American Heart Month and, while we won't be lobbying Congress anytime soon, there is a solid case to be made for raising awareness of gum health alongside heart health.

The proposed affiliation stems from a causal relationship.

In fact, specific cardiovascular disease pathogens have been traced to gum disease pathogens. The gums can act as a relay point for the body, with the health of your gums is scientifically connected to the health of your heart.

Because periodontal disease affects over half of all Americans thirty and older, Perio Protect wants to honor Dr. Amy Doneen and Dr. Brad Bale for their work to raise awareness of the importance of preventing heart attacks and strokes.

You're invited to further explore the causes of heart health risk from Dr. Amy Doneen. She will be speaking at a seminar on the topic of "Women and Heart Disease—the REAL Deal!" The free webinar takes place on Thursday, February 8th and is open to healthcare providers as well as the public. She will discuss what's different about women's hearts, surprising cardiovascular red flags (like periodontitis), how to find out if you have hidden risk, and a personalized action plan to prevent a heart attack or stroke.

"Heart disease is the leading killer of American women, claiming more female lives than all forms of cancer combined," says Dr. Doneen, an international leader in cardiovascular disease (CVD) prevention and medical director of the Heart Attack & Stroke Prevention Center in Spokane,



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Washington.

“CVD is under-diagnosed and undertreated in women, which is why they need to be their own best advocates for optimal heart health care,” adds Dr. Doneen, co-founder of the BaleDoneen Method of heart attack, stroke and diabetes prevention, practiced by hundreds of healthcare providers globally. “My goal with this webinar is to empower women with a science-based action plan to keep their arteries healthy.”

The webinar on Thursday, February 8th takes place from 5:30-6:30 p.m. PST. To register, go to Women's Heart Health Webinar.



Perio Trays by Perio Protect

Two [peer-reviewed studies](#) have shown [that the BaleDoneen Method can prevent](#), stabilize or even reverse arterial disease. This evidence-based heart attack and stroke prevention plan includes personalized steps to optimize women's cardiovascular health at every age.



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*Dr. Amy Doneen*

About Dr. Amy Doneen, DNP, ARNP: Dr. Doneen is founder and medical director of the Heart Attack & Stroke Prevention Center in Spokane, Washington and co-founder of the BaleDoneen Method. Also an Adjunct Professor at Texas Tech Health Sciences School of Nursing, Clinical Associate Professor at Washington State University College of Medicine, Assistant Professor at University of Kentucky College of

Dentistry and co-author of the bestseller *Beat the Heart Attack Gene*, she has given more than 800 presentations and keynote speeches globally and published many studies in peer-reviewed journals. Her full bio is online at: <http://theheartattackandstrokepreventioncenter.com/about-haspc/about-amy-doneen/>

About the BaleDoneen Method: The BaleDoneen Method (BDM) offers a unique, comprehensive and science-based approach to detecting, preventing and treating CVD. Unlike standard care, which is based on checking patients for certain CVD risk factors, the BDM also uses advanced lab tests and imaging to directly check for hidden signs of arterial disease. For more information, visit <http://www.baledoneen.com>

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