



# New Sleep Doctor in Waldorf

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*Dr. Gerard Santos joins Somnus Sleep Center at their clinic in Waldorf, Maryland*

WALDORF, MARYLAND, USA, February 1, 2018 /EINPresswire.com/ -- Somnus [Sleep Center](#) is excited to announce the addition of a new Physician to the practice, Dr. Gerard [Santos](#). Dr. Santos is board-certified in both Sleep Medicine and Internal Medicine. Dr. Santos is licensed in Maryland and Virginia and has been treating sleep conditions since 2004.

It was his time spent as an Internal Medicine physician where Dr. Santos developed a passion for sleep medicine and treating chronic sleep conditions.

He states, "during my early medical practice as an internist, I realized that so many of my patients had sleep disorders" he found that effective treatment of sleep conditions not only improved quality of life but also alleviated other conditions such as hypertension, diabetes, and obesity.

Somnus Sleep Center has successfully treated thousands of patients with chronic sleep disorders since opening in Waldorf Maryland in 2014.

In 2017 Somnus expanded to accommodate two additional "hotel-like" sleep study rooms in their state-of-the-art sleep lab adjacent to the clinic at 3575 Old Washington Rd, Suite C Waldorf MD.

The impacts of sleep deprivation are vast and significantly impact our daily lives, because of this fact, Dr. Santos urges, "anyone who feels consistently tired during the day should be evaluated by a sleep specialist."

Sleep Apnea is one of the most common conditions Dr. Santos treats on a regular basis. Both obstructive sleep apnea and central sleep apnea are assessed in the Somnus Lab and CPAP machines are dispensed in-house.

The Epworth Sleepiness Scale is an effective tool to gauge significant sleepiness that merits evaluation. You can find the Epworth sleepiness scale in pdf on the Somnus Sleep Center website.

The Sleep Center is open 5 days a week and performs sleep studies 7 days a week.

SOMNUS SLEEP CENTER is located at 3575 Old Washington Road, Suite C, Waldorf, MD 20602. For inquiries or to make an appointment call 301-638-5500 or visit [www.SomnusSleepCenter.com](http://www.SomnusSleepCenter.com)

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