

Kathleen Johnson of UniverSoul Heart Returns to CUTV News Radio

BLOOMSBURG, PENNSYLVANIA, UNITED STATES, February 14, 2018 /EINPresswire.com/ -- CUTV News Radio today announced Reiki expert Kathleen Johnson will be featured in a six-part series with hosts Doug Llewelyn and Jim Masters every Friday from February 16th to March 23rd at 11am EST.

Kathleen Johnson is the founder of UniverSoul Heart, a holistic wellness practice specializing in complementary healing and spiritual growth. Kathleen is a facilitator, practitioner and teacher of an energy medicine modality known as Reiki.

Reiki is a natural healing method that uses universal life energy to enhance the body's natural healing abilities.

“Everything in the universe is energy so there is universal life energy everywhere,” says Kathleen. “We're surrounded by it, we're made of it. Everything we encounter is energy in some form. It follows that energy healing is beneficial for energetic beings. You clear your energy, you work on your energy. You take care of your energy, that's the path to wellness.”

Even medical science is slowly coming around to the mind-body-spirit connection and incorporating energy medicine like Reiki into their healthcare model to enhance the physical healing process.

“We can't just isolate the physical and assume that we're going to be well. We have to treat the body as a holistic being, which is what we are,” says Kathleen.

With Reiki, you're an active participant in reiki session. And whatever you need, the reiki energy is going to respond accordingly and give you exactly what you need. Reiki even works on animals.

“Animals respond to Reiki even better than humans do because animals do not have the baggage that we do. They are living in the now. And as creatures living in the now, they're very much in tune with energy,” says Kathleen. “Reiki works for all animals, all creatures: Any animal can benefit.”

Listen to the show on [BlogTalkRadio](#).



If you have a question for our guest, call
(347) 996-3389.

For more information on UniverSoul
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